

Sunday		Monday		Tuesday		Wednesday	
Breakfast		Breakfast		Breakfast		Breakfast	
Oatmeal and Assorted Muffins		Cream of Wheat, Yogurt Parfait and Breakfast Burritos		Grits and Biscuits and Sausage Gravy		Oatmeal, Strawberry & Banana Smoothie and Cinnamon Roll	
Lunch		Lunch		Lunch		Lunch	
Baked Cornish Hens with Gravy, Mashed Potatoes, Green Beans, and Roll		Lemon Pepper Tilapia, Garlic Pasta, Carrots, and Roll		Baked Pork Loin, Rice, Broccoli, and Roll		Country Fried Steak with Gravy, Scalloped Potatoes, Squash and Zucchini, and Roll	
Dinner To-go at Lunch							
Chicken Salad with Crackers and Chips		Chicken Spaghetti		Taco Salad		Strawberry Fields Salad	
Vegetable Soup Apple Cobbler		Bean with Ham Soup Cherry Crisps		Lentil Soup Boston Cream Pie		Tomato Soup Bread Pudding	
Daily Items		Thursday		Friday		Saturday	
Breakfast		Breakfast		Breakfast		Breakfast	
Sausage, Bacon, Cold Cereal, Omelets, Eggs to Order, Hashbrowns and Gravy		Grits and Pancakes		Cream of Wheat, Yogurt Parfait and French Toast		Oatmeal, Strawberry & Banana Smoothie and Breakfast Quiche	
Lunch		Lunch		Lunch		Lunch	
Side Salad and Grilled Ham & Cheese		Fried Chicken, Macaroni & Cheese Green Beans, and Roll		Fried or Baked Catfish, Fried Potatoes, Pinto Beans, Turnip Greens, and Hushpuppies		Shepherd Pie, Vegetables, and Roll	
Dinner							
Special of the Day, Soup, Chef Salad, Grilled Ham & Cheese and Potato Chips		BBQ Beef Sandwich		Meatballs Over Noodles		Club Sandwich	
Sugar Free Desserts upon Request		Butternut Squash Soup Chocolate Peanut Butter Pie		White Chicken Chili Soup Cheesecake		Broccoli & Cheese Soup Cookies	
DINNER SPECIALS		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Egg Salad Croissants Potato Chips Fresh Fruit	Chicken Wraps Potato Chips Fresh Fruit	Fried Shrimp Tater Tots Fresh Fruit	Philly Cheesesteak French Fries Fresh Fruit	Full- Loaded Baked Potato Fresh Fruit	Chili Hotdogs with Fixings French Fries Fresh Fruit
							
Small Portions Available							

SYMPHONY ARLINGTON 2025 **PERFORMANCE**

SIGN UP REQUIRED

8 TICKETS AVAILABLE

Enjoy a night of serene and comforting music at the Arlington Music Hall, a performance worth watching!

**THURSDAY
NOVEMBER
20TH**

**Bus leaves at
6:15PM**



Menu for Nov 9th - Nov 15th

TO-GO ORDERS CALL 972-237-2515

Breakfast 7:40am - 9:30am

Lunch 11:40am - 1:30pm

Dinner Mon - Sat 4:00pm - 5:45pm