Recurring Activities

Mondays

9:30 DVD Exercise - FC 2:00 Shuffleboard - 2nd Floor 5:30 Wii Practice - 2nd Floor 6:00 - 42 Club - BR 6:30 -Table Games - QR3

<u>Tuesdays</u>

9:30 DVD Exercise - FC 1:00 Bridge Club - BR 2:00 <u>Quarter Bingo</u> - MPR 6:00 42 Club - BR 6:30 Table Games - QR3

<u>Wednesday</u>

9:30 DVD Exercise - FC 10:00 BP Checks -FL 2:00 Shuffleboard - 2nd Floor 2:00 **Bible Study** -***THEATER*** 5:30 Wii Practice - 2nd Floor 6:00 42 Club - BR 6:30 Table Games - QR3

Thursdays

9:30 DVD Exercise - FC 2:00 <u>Prize Bingo</u> - MPR 6:00 Wii Bowling Tour. - 2nd Floor 6:30 Table Games - QR3 6:00 42 club –BR

<u>Fridays</u>

9:30 DVD Exercise - FC 2:00 Shuffleboard - 2nd Floor 6:00 42 Club - BR 6:30 Table Games - QR

Saturdays 2:00 Bingo with Jean Peel – MPR SUNDAY AUGUST 16TH 6:00 p.m. Worship service with Jim Leath in the Theater

Everyone Welcome

MONDAY, AUGUST 17TH

9:30 A.M. Dr. Salano –Podiatrist In Q.R.



TUESDAY, AUGUST 18TH 2:00 P.M. BINGO

WEDNESDAY, AUGUST 19TH 2:00 BIBLE STUDY IN THEATER



This Week at Mountain Creek

With Jewell Cross & Earl Winkelman

THURSDAY , AUGUST 20TH 3:00 P.M. BINGO IN MPR

FRIDAY, AUGUST 21ST Coming soon..... Fitness with Monica

NEXT Wednesday @ 9:30 a.m. wheelchair friendly exercise!



SATURDAY , AUGUST 22ND 3:00 p.m. BINGO with JEAN PEEL



Dr. Salano Monday August 17th @ 9:30 a.m. in Q.R.



MOUNTAIN CREEK WEEKLY MENU

DAILY HOURS: Breakfast - 8:00 a.m. - 9:30 a.m. and Lunch 11:30 a.m. - 1:30 p.m.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

	SUND	AY, August 16		
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT:
5353	Annual	THE DAY	NUMERAL REPORTED AND AND ADDRESS OF ADDRESS ADDRES	DESSERI:
Sausage	Pot Roast w/ Carrots & Potatoes	THE DAY	Chopped BBQ Beef Sandwich	A = 1
Oatmeal	Chicken Fried Chicken		on a Bun	Apple
		Chef's		Pie
Pancakes	Mashed Potatoes, Brown Gravy	Choice	Potato Chips	
	Italian Green Beans, & Roll		Side of Fresh Fruit	
		DAY, August 17		
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT:
Bacon	Spaghetti w/ Meat Sauce	THE DAY		
Cream of	Parmesan Crusted Tilapia		Beef Burritos, Spanish Rice	Cookies w/
Wheat		Toscana	Side Salad	Ice Cream
	Roasted New Potatoes, Steamed		Fresh Banana	
Blueberry	Broccoli, Buttered Baby Carrots, &			
Muffins	Garlic Bread			
				L
DDEAVEAST.		DAY, August 18 SOUP OF	SUPPER:	DESEDT
BREAKFAST:	LUNCH:	THE DAY	SUFFER:	DESSERT:
Sausage	Hawaiian Chicken Breast	THE DAT	Tuna Salad w/side of Beets	×100
Grits	Teriyaki Pork Chops	Beef &	5.4 10, 10 M ² 10 M	Tiramisu
			Potato Chips	Cake
Biscuits &	Fried Rice, Asian Vegetables,	Vegetables	Fresh Banana	
Sausage Gravy	Mushrooms & Baby Corn, & Egg			
5.089 80	Roll			
	WEDNE	SDAY, August	19	
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT:
Bacon	Salmon Croquets	THE DAY	JULI EK.	DESSERT.
the biometry of a strategy of the biometry of	Chicken Fried Steak	THE DAT	$C \cup S \cup U \cup U \cup D \cup V$	
Oatmeal	Unicken Fried Steak	3.63	Club Sandwich on a Bun w/	Cheesecake
		Minestrone	Fritos & side of	
French Toast	Garlic Mashed Potatoes, Gravy,		Fresh Fruit	
	Black Eyed Peas, Sautéed Spinach,			
	& Cornbread Muffins			
	THURS	DAY, August 2	0	
BREAKFAST:	LUNCH:	SOUP OF		
Sausage		JOOT OF	SUPPER:	DESSERT:
Grits	The second		SUPPER:	DESSERT:
A TTITS	Fried Chicken	THE DAY		1072
Gilts	The second	THE DAY	Trio Plate	German
20	Fried Chicken Hamburgers w/ Fixings	THE DAY Tomato	Trio Plate (Chicken, Tuna & Egg Salad)	German Chocolate
Breakfast	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra,	THE DAY	Trio Plate	German
20	Fried Chicken Hamburgers w/ Fixings	THE DAY Tomato	Trio Plate (Chicken, Tuna & Egg Salad)	German Chocolate
Breakfast	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll	THE DAY Tomato Basil	Trio Plate (Chicken, Tuna & Egg Salad)	German Chocolate
Breakfast Burritos	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll FRID	THE DAY Tomato Basil AY, August 21	Trio Plate (Chicken, Tuna & Egg Salad) & Peaches & Crackers	German Chocolate Cake
Breakfast Burritos BREAKFAST:	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll FRID. LUNCH	THE DAY Tomato Basil AY, August 21 SOUP OF	Trio Plate (Chicken, Tuna & Egg Salad)	German Chocolate
Breakfast Burritos BREAKFAST: Bacon	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll FRID LUNCH Fried or Baked Catfish	THE DAY Tomato Basil AY, August 21	Trio Plate (Chicken, Tuna & Egg Salad) & Peaches & Crackers SUPPER:	German Chocolate Cake DESSERT:
Breakfast Burritos BREAKFAST: Bacon Cream of	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll FRID. LUNCH	THE DAY Tomato Basil AY, August 21 SOUP OF THE DAY	Trio Plate (Chicken, Tuna & Egg Salad) & Peaches & Crackers SUPPER: Salami & Cheese Sandwich w/	German Chocolate Cake DESSERT: Churros w/
Breakfast Burritos BREAKFAST: Bacon	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll FRID . LUNCH Fried or Baked Catfish Taco Salad	THE DAY Tomato Basil AY, August 21 SOUP OF	Trio Plate (Chicken, Tuna & Egg Salad) & Peaches & Crackers SUPPER: Salami & Cheese Sandwich w/ Potato Chips, Jell-O, &	German Chocolate Cake DESSERT:
Breakfast Burritos BREAKFAST: Bacon Cream of Wheat	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll ERID ERID Fried or Baked Catfish Taco Salad Fried Potatoes, Pinto Beans	THE DAY Tomato Basil AY, August 21 SOUP OF THE DAY	Trio Plate (Chicken, Tuna & Egg Salad) & Peaches & Crackers SUPPER: Salami & Cheese Sandwich w/	German Chocolate Cake DESSERT: Churros w/
Breakfast Burritos BREAKFAST: Bacon Cream of	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll ERID ERID Fried or Baked Catfish Taco Salad Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies &	THE DAY Tomato Basil AY, August 21 SOUP OF THE DAY	Trio Plate (Chicken, Tuna & Egg Salad) & Peaches & Crackers SUPPER: Salami & Cheese Sandwich w/ Potato Chips, Jell-O, &	German Chocolate Cake DESSERT: Churros w/
Breakfast Burritos BREAKFAST: Bacon Cream of Wheat	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll ERID ERID Fried or Baked Catfish Taco Salad Fried Potatoes, Pinto Beans	THE DAY Tomato Basil AY, August 21 SOUP OF THE DAY	Trio Plate (Chicken, Tuna & Egg Salad) & Peaches & Crackers SUPPER: Salami & Cheese Sandwich w/ Potato Chips, Jell-O, &	German Chocolate Cake DESSERT: Churros w/
Breakfast Burritos BREAKFAST: Bacon Cream of Wheat	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll ERID Fried or Baked Catfish Taco Salad Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	THE DAY Tomato Basil AY, August 21 SOUP OF THE DAY	Trio Plate (Chicken, Tuna & Egg Salad) & Peaches & Crackers SUPPER: Salami & Cheese Sandwich w/ Potato Chips, Jell-O, & Fresh Apple	German Chocolate Cake DESSERT: Churros w/
Breakfast Burritos BREAKFAST: Bacon Cream of Wheat	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll ERID Fried or Baked Catfish Taco Salad Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	THE DAY Tomato Basil AY, August 21 SOUP OF THE DAY Chili	Trio Plate (Chicken, Tuna & Egg Salad) & Peaches & Crackers SUPPER: Salami & Cheese Sandwich w/ Potato Chips, Jell-O, & Fresh Apple	German Chocolate Cake DESSERT: Churros w/ Caramel
Breakfast Burritos BREAKFAST: Bacon Cream of Wheat Cinnamon Roll BREAKFAST:	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll ERID Fried or Baked Catfish Taco Salad Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	THE DAY Tomato Basil AY, August 21 SOUP OF THE DAY Chili DAY, August 22	Trio Plate (Chicken, Tuna & Egg Salad) & Peaches & Crackers Supper: Salami & Cheese Sandwich w/ Potato Chips, Jell-O, & Fresh Apple	German Chocolate Cake DESSERT: Churros w/ Caramel
Breakfast Burritos BREAKFAST: Bacon Cream of Wheat Cinnamon Roll	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll ERID ERID Fried or Baked Catfish Taco Salad Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread EATUR	THE DAY Tomato Basil AY, August 21 SOUP OF THE DAY Chili DAY, August 22 SOUP OF	Trio Plate (Chicken, Tuna & Egg Salad) & Peaches & Crackers Supper: Salami & Cheese Sandwich w/ Potato Chips, Jell-O, & Fresh Apple	German Chocolate Cake DESSERT: Churros w/ Caramel DESSERT :
Breakfast Burritos BREAKFAST: Bacon Cream of Wheat Cinnamon Roll BREAKFAST: Sausage	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll ERID Fried or Baked Catfish Taco Salad Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	THE DAY Tomato Basil AY, August 21 SOUP OF THE DAY Chili DAY, August 22 SOUP OF THE DAY	Trio Plate (Chicken, Tuna & Egg Salad) & Peaches & Crackers Supper: Salami & Cheese Sandwich w/ Potato Chips, Jell-O, & Fresh Apple	German Chocolate Cake DESSERT: Churros w/ Caramel DESSERT : Blueberry
Breakfast Burritos BREAKFAST: Bacon Cream of Wheat Cinnamon Roll BREAKFAST: Sausage Oatmeal	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll ERID ERID Fried or Baked Catfish Taco Salad Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread EATUR Chicken Spaghetti Honey Walnut Sauce Shrimp	THE DAY Tomato Basil AY, August 21 SOUP OF THE DAY Chili DAY, August 22 SOUP OF THE DAY Chicken	Trio Plate (Chicken, Tuna & Egg Salad) & Peaches & Crackers SUPPER: Salami & Cheese Sandwich w/ Potato Chips, Jell-O, & Fresh Apple SUPPER: Cold Cereal, Milk, Muffin, &	German Chocolate Cake DESSERT: Churros w/ Caramel DESSERT :
Breakfast Burritos BREAKFAST: Bacon Cream of Wheat Cinnamon Roll BREAKFAST: Sausage	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll EUNCH Fried or Baked Catfish Taco Salad Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread EUNCH: Chicken Spaghetti Honey Walnut Sauce Shrimp Baked Potato w/ Fixings, Steamed	THE DAY Tomato Basil AY, August 21 SOUP OF THE DAY Chili DAY, August 22 SOUP OF THE DAY	Trio Plate (Chicken, Tuna & Egg Salad) & Peaches & Crackers Supper: Salami & Cheese Sandwich w/ Potato Chips, Jell-O, & Fresh Apple	German Chocolate Cake DESSERT: Churros w/ Caramel DESSERT : Blueberry
Breakfast Burritos BREAKFAST: Bacon Cream of Wheat Cinnamon Roll BREAKFAST: Sausage Oatmeal	Fried Chicken Hamburgers w/ Fixings French Fries, Deep Fried Okra, Gravy, Macaroni & Cheese, & Roll ERID ERID Fried or Baked Catfish Taco Salad Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread EATUR Chicken Spaghetti Honey Walnut Sauce Shrimp	THE DAY Tomato Basil AY, August 21 SOUP OF THE DAY Chili DAY, August 22 SOUP OF THE DAY Chicken	Trio Plate (Chicken, Tuna & Egg Salad) & Peaches & Crackers SUPPER: Salami & Cheese Sandwich w/ Potato Chips, Jell-O, & Fresh Apple SUPPER: Cold Cereal, Milk, Muffin, &	German Chocolate Cake DESSERT: Churros w/ Caramel DESSERT : Blueberry