

This Week at Mountain Creek

Recurring Activities

Mondays

9:30 DVD Exercise - FC
2:00 Shuffleboard - 2nd Floor
5:30 Wii Practice - 2nd Floor
6:00 - 42 Club - BR

Tuesdays

9:30 DVD Exercise - FC
1:00 Bridge Club - BR
2:00 Quarter Bingo - MPR
6:00 42 Club - BR

Wednesday

9:30 DVD Exercise - FC
10:00 BP Checks -FL
2:00 Shuffleboard - 2nd Floor
2:00 **Bible Study** - *THEATER*
5:30 Wii Practice - 2nd Floor
6:00 42 Club - BR

Thursdays

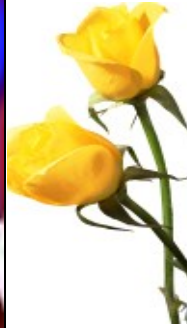
9:30 DVD Exercise - FC
2:00 Prize Bingo - MPR
6:00 Wii Bowling Tour. - 2nd Floor
6:30 Table Games - QR3
6:00 42 club -BR

Fridays

9:30 DVD Exercise - FC
2:00 Shuffleboard - 2nd Floor
6:00 42 Club - BR

SUNDAY AUGUST 30th

6:00 p.m. Worship service (THE)



MONDAY, AUGUST 31st

Welcome back to
the Supper Club
4:30

TUESDAY, SEPTEMBER 1ST



WEDNESDAY, SEPTEMBER 2ND

9:30 a.m. Exercise with MONICA
In the Dining room

BRIDGEWAY

2:00 BIBLE STUDY IN THEATER

THURSDAY, SEPTEMBER 3RD

2:00 P.M. BINGO IN MPR

!!!PRIZES!!!!

FRIDAY SEPTEMBER 4TH

Happy Labor Day Weekend!



Wear your Patriotic colors.

SATURDAY SEPTEMBER 5TH

2:00 p.m. BINGO with JEAN PEEL



**You are seeing alot
of new changes!**



**Please be patient with us as we
navigate through these
changes together.**



CAUTION

CAUTION

CAUTION

CAUTION

CAUTION



**Painting the lobby has
really brightened the space
Don't you agree?
The color of the paint
is Serene Grey.**

CAUTION

CAUTION

CAUTION

CAUTION

CAUTION



**Stay tuned
for exciting news
Monday night
during Supper!**



ROSIES

This Week's Menu

HOURS DAILY: 8:00 - 9:00 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 – 5:30 P.M.

**ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS,
EGGS TO ORDER, HASHBROWNS & GRAVY**

ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD

THIS WEEK'S SPECIALS

SUNDAY, August 30

BREAKFAST:	LUNCH:	TODAY'S SOUP	DESSERT:
Sausage Oatmeal Pancakes	Pot Roast w/ Carrots & Potatoes or Chicken Fried Chicken Mashed Potatoes, Gravy, Green Beans, and Dinner roll	Chicken Noodle	Peach Cobbler

SUPPER: (To-Go. Pick Up at Lunch)

MONDAY, August 31

Supper returns to the Dining Room 8/31, at 4:00 - 5:30 pm ~ Menu to Be Announced

BREAKFAST:	LUNCH:	TODAY'S SOUP	DESSERT:
Bacon Cream of Wheat Muffins	Stuffed Sole or Ritz Baked Chicken Breast Baked Potato, Asparagus, Beets, French Bread	Broccoli Cheese	Lemon Bars

TUESDAY, September 1

BREAKFAST:	LUNCH:	TODAY'S SOUP	DESSERT:
Sausage Grits Biscuits & Gravy	Beef Stew or Garlic Butter and Herb Basted Tilapia Brown Rice, Veggie Medley, Cornbread Muffins	Potato	Cookies & Ice-cream

WEDNESDAY, September 2

BREAKFAST:	LUNCH:	TODAY'S SOUP	DESSERT:
Bacon Oatmeal French Toast	Spaghetti w/ Meat Sauce or Salmon w/ Dill Sauce Baked Sweet Potato, Steamed Broccoli, Baked Tomato, Garlic Bread	Vegetable	Tiramisu

THURSDAY, September 3

BREAKFAST:	LUNCH:	TODAY'S SOUP	DESSERT:
Sausage Grits Breakfast Burritos	Smothered Pork Chops or Chicken Fried Steak Twice Baked Potato, Sautéed Spinach, Black-eyed Peas, Cornbread	Tomato Basil	Fudge Brownies

FRIDAY, September 4

BREAKFAST:	LUNCH	TODAY'S SOUP	DESSERT:
Bacon Cream of Wheat Breakfast Jacks	Fried or Baked Catfish or BBQ Brisket Fried Potatoes, Pinto Beans, Turnip greens, Hushpuppies, Cornbread	Lentil	Apple Crisp

SATURDAY, September 5

BREAKFAST:	LUNCH:	TODAY'S SOUP	DESSERT:
Sausage Oatmeal Cinnamon Rolls	Baked stuffed Chicken breast or Shrimp Scampi Rice Pilaf, Zucchini & Tomatoes, Corn on the Cob & Bavarian Bread	Vegetable Beef	Carrot Cake