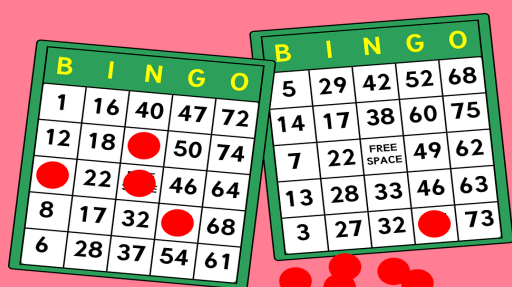


This Week at Mountain Creek



TUESDAY AND THURSDAY

3:00-4:00 *NEW TIME

Would you like to have a Penpal? there are some sweet kiddo's who would like to send art and letters to those interested. please leave your name and Apt # in Heather's box by her office.



Sunday July 19th

Happy National Ice cream day!

Get your ice cream today

At lunch!



Monday July 20th

9:00 a.m. Dr. Solano

Podiatry in quiet room

Please wear a mask



Tuesday July 21st

3:00-4:00 p.m.

Quarter Bingo

Wednesday July 22nd

COVID TESTING TODAY



In Dining room

@ 3:00 p.m.

Thursday July 23rd

3:00 P.M.-4:00 p.m.

Prize Bingo

Friday July 24th

9:30 BUNCO-MPR

WEAR MASKS/smaller crowd

6:00 p.m. Movie Time

MY GIRL PART 1

Saturday July 25th

6:00 p.m. movie time

My Girl part 2

Mountain Creek Weekly

DAILY HOURS: See Your Time Card

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

SUNDAY, July 19				
BREAKFAST: Sausage Oatmeal Pancakes	LUNCH: Pork Loin w/ Cinnamon Apples Cornish Hens Mashed Potatoes, Gravy, Green Beans, Baby Carrots, & Roll	SOUP OF THE DAY Tomato Basil	SUPPER: Chicken Wrap w/ Potato Chips, Cup of Fresh Fruit	DESSERT : Cherry Cobbler
MONDAY, July 20				
BREAKFAST: Bacon Cream of Wheat Cranberry Walnut Muffins	LUNCH: Liver & Onions Chicken Piccata Scalloped Potatoes, Black Eyed Peas, Steamed Brussel Sprouts, & Cornbread Muffins	SOUP OF THE DAY Chef's Choice	SUPPER: Grilled Chicken Sandwich w/ Fritos, Watermelon	DESSERT: Carrot Cake
TUESDAY, July 21				
BREAKFAST: Sausage Grits Biscuits & Sausage Gravy	LUNCH: Honey Walnut Shrimp Beef Teriyaki Fried Rice, Steamed Broccoli, Sautéed Mushrooms, Egg Roll, & French Bread	SOUP OF THE DAY Egg Drop	SUPPER: Turkey Sandwich w/ Cheese, Lettuce & Tomatoes Pickle Spear, Fresh Banana	DESSERT: Brownie Sundae
WEDNESDAY, July 22				
BREAKFAST: Bacon Oatmeal French Toast	LUNCH: Meatloaf Lemon Butter Tilapia Roasted New Potatoes, Asparagus, Beets, & Bavarian Bread	SOUP OF THE DAY Vegetables	SUPPER: Hot Dog w/ Side of Chili Fritos, Fresh Apple	DESSERT: Banana Cream Pie
THURSDAY, July 23				
BREAKFAST: Sausage Grits Breakfast Burritos	LUNCH: Chicken Fried Steak Stuffed Flounder Mashed Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll	SOUP OF THE DAY Creamy Seafood	SUPPER: Chicken Alfredo w/ Sweet Peas & Garlic Bread, Jell-O	DESSERT: Caramel Pears
FRIDAY, July 24				
BREAKFAST: Bacon Cream of Wheat Cinnamon Roll	LUNCH Fried or Baked Catfish Hamburgers w/ Fixings Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies, & Cornbread	SOUP OF THE DAY Lentil	SUPPER: Marinara Meatball & Cheese Sandwich w/ Onions & Spear Pickle, Fritos	DESSERT: Lemon Cake
SATURDAY, July 25				
BREAKFAST: Sausage Oatmeal Breakfast Jack	LUNCH: Beef Stew Herbed Baked Chicken Baked Sweet Potato Casserole, Vegetable Medley, Buttered Corn, & Cornbread Muffin	SOUP OF THE DAY Chicken Noodle	SUPPER: PB&J Sandwich, Potato Chip, Side of Fresh Fruit	DESSERT : Chocolate Pudding



Summer is almost over,

**But God's love
for us is not!**



When you face stormy seas I
will be there with you with
endurance and calm

ISAIAH 43:2