

## Mountain Creek Weekly

**DAILY HOURS: See Your Time Card** 

## ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

	ORDER, HASH		z GRAVY	
		DAY, August 2		
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	<b>DESSERT</b> :
Sausage	Pot Roast w/ Carrots & Potatoes	THE DAY		
Oatmeal	Chicken Fried Chicken		Egg Salad Sandwich w/	Peach
		Chef's	Lettuce & Tomato,	Cobbler
Pancakes	Mashed Potatoes, Italian Green	Choice	Potato Chips & side Fresh	
	Beans, & Roll		Fruit	
MONDAY, August 3				
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT:
Bacon	Garlic Butter Salmon	THE DAY	5011 LK.	DESSERT.
Cream of	Salisbury Steak		Dopporopi Dizza w/ Sido of	
Wheat	Sansbury Steak	Baked	Pepperoni Pizza w/ Side of	Red Velvet
wheat			Marinara Sauce, & Cheese	
	Twice Baked Potato, Sautéed	Potato	Bread Stick	Cake
Orange Blossom	Spinach, Okra & Tomatoes, &			
Muffins	Bavarian Bread			
TUESDAY, August 4				
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	<b>DESSERT</b> :
Sausage	Honey Mustard Chicken	THE DAY		
Grits	Spaghetti w/ Meat Sauce		Tuna Salad w/side of Beets	Apple
		Beef	Potato Chips,	Pie
Biscuits &	Roasted New Potatoes, Broccoli,	Taco	Fresh Banana	
Sausage Gravy	Buttered Corn & Garlic Bread			
WEDNESDAY, August 5				
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	<b>DESSERT</b> :
Bacon	Chicken Alfredo w/ Garlic Bread	THE DAY		
Oatmeal	Chopped Steak w/ Mushrooms &		Ham & Cheese Sandwich w/	Root Beer
	Brown Gravy	Broccoli &	Potato Chips,	Floats
French Toast		Cheese	Watermelon Slice	
	Brown Rice, Cabbage, Navy			
	Beans, & Cornbread Muffins			
THURSDAY, August 6				
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	<b>DESSERT</b> :
Sausage	Parmesan Crusted Tilapia	THE DAY		
Grits	Fried Chicken		Tuna Salad Sandwich w/	Cherry
	Gravy, Twice Baked Potato	Vegetable	Pickle Spear,	Crunch
Breakfast	Casserole, Yellow Squash		Fritos	
Burritos	Casserole, Sautéed Spinach, &		Fresh Apple	
	Bavarian Bread		1 1 1 1 1 1	
FRIDAY, August 7				
BREAKFAST:	LUNCH	SOUP OF	SUPPER:	DESSERT:
Bacon	Fried or Baked Catfish	THE DAY		
Cream of	Chicken Stir Fry & Egg Roll		Grilled Chicken Breast	Banana
Wheat		Split	Sandwich w/ Lettuce &	Split
	Fried Potatoes, Pinto Beans	Pea	Tomato, Chips	~P
Cinnamon Roll	Turnip Greens, Hushpuppies, &	1 Cu	and a Side of Fresh Fruit	
Cimanon Ron	Cornbread		and a blue of thesh thut	
SATURDAY, August 8				
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	<b>DESSERT</b> :
Sausage	Deep Fried Shrimp Butterfly	THE DAY		
Oatmeal	Brown Sugar Glazed Ham		Chicken Wrap w/	Chocolate
		Chicken	Potato Chips	Cream Pie
Breakfast Jacks	Scalloped Potatoes, Steamed	Noodle	Fresh Orange	
	Broccoli, Creamy Corn, & Roll			