This Week at Mountain Creek

THE

STARTING TODAY! YOU WILL BE RESPONSIBLE FOR HAVING YOUR GROCERY STORE ORDERS AND RX'S DELIVERED BY KROGER OR YOUR CHOICE OF DELIVERY SINCE WE ARE NO LONGER HAVING YOU QUARENTINE.



SUNDAY JUNE 28TH SEE SECOND PAGE FOR THIS WEEKS MESSAGE!

Monday JUNE 29TH GOOD MORNING Y'ALL!

Tuesday JUNE 30TH BIRTHDAY CUPCAKES AT LUNCH TODAY 2:00 P.M. QUARTER BINGO IN MPR

> Wednesday JULY 1ST HAPPY JULY 1ST!

10:00 A.M. BLOOD PRESSURE CHECKS WITH BRIDEWAY TAMMI

Thursday July 2nd 2:00-3:00 P.M. PRIZE BINGO



<u>Friday July 3rd</u> <u>FRIDAY NIGHT MOVIE</u> <u>YANKEE DOODLE DANDY</u> <u>With James Cagney</u>

Saturday JULY 4TH

HAPPY 4TH OF JULY!

Mountain Creek Weekly

DAILY HOURS: See Your Time Card

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

	SUN	DAY, June 28				
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT :		
Sausage	Pot Roast w/ Carrots & Potatoes	THE DAY	SUTTER.	DLOOLKI.		
Oatmeal	Chicken Fried Chicken		Pizza w/ side of Marinara			
Oatifical	Chicken Price Chicken	Minestrone	Sauce	German		
Pancakes	Mashad Datata an Curry Puttoned	Millestrone	Sauce	Chocolate Cake		
Pancakes	Mashed Potatoes, Gravy, Buttered			Chocolate Cake		
	Corn, Green Beans, & Roll		Cheese Bread Stick			
	MON	DAY, June 29				
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT:		
Bacon	Parmesan Crusted Tilapia	THE DAY				
Cream of	Herbed Baked Chicken		BLT Sandwich			
Wheat		Cream of		Coconut		
	Baked Potato, Black Eyed Peas,	Broccoli	Potato Chips	Pie		
Orange Blossom			I			
Muffins	Bread					
	סודיי	SDAY, June 30				
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT:		
	Meatloaf	THE DAY	SUPPER.	DESSERT:		
Sausage			Beef Au Jus Sandwich w/			
Grits	Butterfly Deep Fried Shrimp	Tomato	•	0. 1		
		Basil	Pickle Spear	Strawberry		
Biscuits &	Baked Sweet Potato, Macaroni &	Dasii	Dotato China	Shortcake		
Sausage Gravy	Cheese, Green Peas, & French		Potato Chips			
	Bread					
		IESDAY, July 1				
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT :		
Bacon	Salmon Croquets	THE DAY				
Oatmeal	Beef Lasagna		Chicken Salad Sandwich on	Pineapple		
		French	Texas Toast Bread	Upside Down		
French	Roasted New Potatoes, Asparagus,	Onion		Cake		
Toast	Buttered Baby Carrots, & Garlic		Slice of Watermelon			
	Bread					
	THU	RSDAY, July 2				
BREAKFAST:	TINCH					
Sausage	LUNCH:	SOUP OF	SUPPER:	DESSERT :		
\cup	Chicken Fried Steak	SOUP OF THE DAY	SUPPER:	DESSERT:		
Grits			SUPPER: Chicken Wrap w/ Fritos	DESSERT:		
0	Chicken Fried Steak			DESSERT: Peach		
0	Chicken Fried Steak	THE DAY				
Grits	Chicken Fried Steak Smothered Pork Chops	THE DAY Beef &	Chicken Wrap w/ Fritos	Peach		
Grits Breakfast	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn	THE DAY Beef &	Chicken Wrap w/ Fritos	Peach		
Grits Breakfast	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll	THE DAY Beef &	Chicken Wrap w/ Fritos	Peach		
Grits Breakfast	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll	THE DAY Beef & Vegetable	Chicken Wrap w/ Fritos	Peach		
Grits Breakfast Burritos	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll FRI LUNCH	THE DAY Beef & Vegetable	Chicken Wrap w/ Fritos Fresh Banana	Peach Cobbler		
Grits Breakfast Burritos BREAKFAST:	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll FRI LUNCH Fried or Baked Catfish	THE DAY Beef & Vegetable	Chicken Wrap w/ Fritos Fresh Banana SUPPER:	Peach Cobbler		
Grits Breakfast Burritos BREAKFAST: Bacon Cream of	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll FRI LUNCH	THE DAY Beef & Vegetable DAY, July 3 SOUP OF THE DAY	Chicken Wrap w/ Fritos Fresh Banana SUPPER: Corn Beef & Cheese	Peach Cobbler DESSERT:		
Grits Breakfast Burritos BREAKFAST: Bacon	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll FRI LUNCH Fried or Baked Catfish Nacho Supreme w/ Fixings	THE DAY Beef & Vegetable	Chicken Wrap w/ Fritos Fresh Banana SUPPER:	Peach Cobbler		
Grits Breakfast Burritos BREAKFAST: Bacon Cream of Wheat	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll FRI LUNCH Fried or Baked Catfish Nacho Supreme w/ Fixings Fried Potatoes, Pinto Beans	THE DAY Beef & Vegetable DAY, July 3 SOUP OF THE DAY	Chicken Wrap w/ Fritos Fresh Banana SUPPER: Corn Beef & Cheese Sandwich on Rye Bread	Peach Cobbler DESSERT:		
Grits Breakfast Burritos BREAKFAST: Bacon Cream of	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll FRI LUNCH Fried or Baked Catfish Nacho Supreme w/ Fixings Fried Potatoes, Pinto Beans Turnip Gre e ns, Hushpuppies, &	THE DAY Beef & Vegetable DAY, July 3 SOUP OF THE DAY	Chicken Wrap w/ Fritos Fresh Banana SUPPER: Corn Beef & Cheese	Peach Cobbler DESSERT:		
Grits Breakfast Burritos BREAKFAST: Bacon Cream of Wheat	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll FRI LUNCH Fried or Baked Catfish Nacho Supreme w/ Fixings Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies, & Cornbread	THE DAY Beef & Vegetable DAY, July 3 SOUP OF THE DAY Lentil	Chicken Wrap w/ Fritos Fresh Banana SUPPER: Corn Beef & Cheese Sandwich on Rye Bread	Peach Cobbler DESSERT:		
Grits Breakfast Burritos BREAKFAST: Bacon Cream of Wheat Cinnamon Roll	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll IUNCH Fried or Baked Catfish Nacho Supreme w/ Fixings Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies, & Cornbread	THE DAY Beef & Vegetable DAY, July 3 SOUP OF THE DAY Lentil	Chicken Wrap w/ Fritos Fresh Banana SUPPER: Corn Beef & Cheese Sandwich on Rye Bread Cup of Fresh Fruit	Peach Cobbler DESSERT: Custard		
Grits Breakfast Burritos BREAKFAST: Bacon Cream of Wheat Cinnamon Roll BREAKFAST:	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll FRI LUNCH Fried or Baked Catfish Nacho Supreme w/ Fixings Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies, & Cornbread	THE DAY Beef & Vegetable DAY, July 3 SOUP OF THE DAY Lentil ICDAY, July 4 SOUP OF	Chicken Wrap w/ Fritos Fresh Banana SUPPER: Corn Beef & Cheese Sandwich on Rye Bread	Peach Cobbler DESSERT:		
Grits Breakfast Burritos BREAKFAST: Bacon Cream of Wheat Cinnamon Roll BREAKFAST: Sausage	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll FRI LUNCH Fried or Baked Catfish Nacho Supreme w/ Fixings Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies, & Cornbread SATU LUNCH: Happy 4th of July!	THE DAY Beef & Vegetable DAY, July 3 SOUP OF THE DAY Lentil	Chicken Wrap w/ Fritos Fresh Banana SUPPER: Corn Beef & Cheese Sandwich on Rye Bread Cup of Fresh Fruit SUPPER:	Peach Cobbler DESSERT: Custard		
Grits Breakfast Burritos BREAKFAST: Bacon Cream of Wheat Cinnamon Roll BREAKFAST:	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll FRI LUNCH Fried or Baked Catfish Nacho Supreme w/ Fixings Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies, & Cornbread SATU LUNCH: Happy 4th of July! Hamburgers w/ Fixings	THE DAY Beef & Vegetable DAY, July 3 SOUP OF THE DAY Lentil IRDAY, July 4 SOUP OF THE DAY	Chicken Wrap w/ Fritos Fresh Banana SUPPER: Corn Beef & Cheese Sandwich on Rye Bread Cup of Fresh Fruit SUPPER: Spaghetti w/ Meatballs &	Peach Cobbler DESSERT: Custard DESSERT :		
Grits Breakfast Burritos BREAKFAST: Bacon Cream of Wheat Cinnamon Roll BREAKFAST: Sausage Oatmeal	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll FRI LUNCH Fried or Baked Catfish Nacho Supreme w/ Fixings Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies, & Cornbread SATU LUNCH: Happy 4th of July!	THE DAY Beef & Vegetable DAY, July 3 SOUP OF THE DAY Lentil ICDAY, July 4 SOUP OF	Chicken Wrap w/ Fritos Fresh Banana SUPPER: Corn Beef & Cheese Sandwich on Rye Bread Cup of Fresh Fruit SUPPER:	Peach Cobbler DESSERT: Custard DESSERT : Cherry		
Grits Breakfast Burritos BREAKFAST: Bacon Cream of Wheat Cinnamon Roll BREAKFAST: Sausage Oatmeal Breakfast	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll FRI LUNCH Fried or Baked Catfish Nacho Supreme w/ Fixings Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies, & Cornbread SATU LUNCH: Happy 4th of July! Hamburgers w/ Fixings Hot Dogs w/ Fixings,	THE DAY Beef & Vegetable DAY, July 3 SOUP OF THE DAY Lentil IRDAY, July 4 SOUP OF THE DAY	Chicken Wrap w/ Fritos Fresh Banana SUPPER: Corn Beef & Cheese Sandwich on Rye Bread Cup of Fresh Fruit SupPER: Spaghetti w/ Meatballs & Garlic Bread	Peach Cobbler DESSERT: Custard DESSERT :		
Grits Breakfast Burritos BREAKFAST: Bacon Cream of Wheat Cinnamon Roll BREAKFAST: Sausage Oatmeal	Chicken Fried Steak Smothered Pork Chops Scalloped Potatoes, Gravy, Corn on the Cob, Sautéed Spinach, & Roll FRI LUNCH Fried or Baked Catfish Nacho Supreme w/ Fixings Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies, & Cornbread SATU LUNCH: Happy 4th of July! Hamburgers w/ Fixings	THE DAY Beef & Vegetable DAY, July 3 SOUP OF THE DAY Lentil IRDAY, July 4 SOUP OF THE DAY	Chicken Wrap w/ Fritos Fresh Banana SUPPER: Corn Beef & Cheese Sandwich on Rye Bread Cup of Fresh Fruit SUPPER: Spaghetti w/ Meatballs &	Peach Cobbler DESSERT: Custard DESSERT : Cherry		

Blessed is the nation whose God is the LORD, the people whom he has chosen as his heritage! The LORD looks down from heaven: He sees all the children of man: from where he sits enthroned he looks out on all the inhabitants of the earth. He who fashions the hearts of them all and observes all their deeds. The king is not saved by his great army, warrior is not delivered by his great strength. he war horse is a false hope for salvation, and by its great might it cannot rescue. Behold, the eye of the LORD is on those who fear him, on those who hope in his steadfast love, that he may deliver their soul from death and keep them alive in famine. Our soul waits for the LORD; he is our help and our shield. For our heart is glad in him, because we trust in his holy name. Let your steadfast love, O LORD, be upon us even as we hope in you.



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