

This Week at Mountain Creek

Recurring Activities

Mondays

9:30 Summit - FL
9:30 DVD Exercise - FC
2:00 Shuffleboard - 2nd Floor
5:30 Wii Practice - 2nd Floor
5:30 Texas Hold em –Summit/FL
6:00 - 42 Club - BR
6:30 -Table Games - QR3

Tuesdays

9:30 DVD Exercise - FC
1:00 Bridge Club - BR
2:00 Quarter Bingo - MPR
6:00 42 Club - BR
6:30 Table Games - QR3

Wednesday

9:30 Kroger & Summit - FL
9:30 DVD Exercise - FC
10:00 BP Checks -FL
1:30 Dry Cleaners drop off /pickup
2:00 Shuffleboard - 2nd Floor
2:00 Walmart- FL
2:00 Bible Study –*THEATER*
5:30 Wii Practice - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR3

Thursdays

9:30 DVD Exercise - FC
2:00 Prize Bingo - MPR
6:00 Wii Bowling Tour. - 2nd Floor
6:30 Table Games - QR3
6:00 42 club –BR

Fridays

9:30 DVD Exercise - FC
9:30 Summit - FL
2:00 Shuffleboard - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR

Sunday January 19th

6:00 P.M. WORSHIP SERVICE IN THEATER

MONDAY JANUARY 20th

9:30 SENIORCIZE IN D.R.

9:00 a.m. Dr. Salano –in Quiet room

11:00 a.m. Mickey Massage
in Rescare room 1st floor



TUESDAY JANUARY 21st

2:00 P.M. QUARTER BINGO

4:30 Out to eat at PF Changs

WEDNESDAY JANUARY 22nd

9:30 a.m. Seniorcize in D.R.

11:00 a.m. HEDY –vendor

2:00 BIBLE STUDY IN THEATER

THURSDAY JANUARY 23rd

2:00 P.M. PRIZE BINGO –MPR

FRIDAY JANUARY 24th

9:30 A.M. Seniorcize

10:30 a.m. Jean Perkins Book

Signing front lobby



SATURDAY JANUARY 25th

2:00 P.M. WITH JEAN PEEL

Mountain Creek Weekly

HOURS DAILY: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 5:30 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

ALL YOU CAN EAT SOUP AND SALAD ALWAYS AVAILABLE DURING LUNCH & SUPPER

SUNDAY, January 19				
BREAKFAST: Sausage Oatmeal Pancakes	LUNCH: Honey Glazed Ham Roast Beef Mashed Potatoes, Brown Gravy, Italian Green Beans, Corn & Roll	SOUP OF THE DAY Chef's Choice	SUPPER: Pepperoni, Supreme or Cheese Pizza Egg Salad Sandwich w/ side of Fresh Fruit	DESSERT: : Mango Cheesecake
MONDAY, January 20				
BREAKFAST: Bacon Cream of Wheat Orange Blossom Muffins	LUNCH: Lemon Pepper Tilapia Chicken Piccata Roasted New Potatoes, Roasted Brussel Sprouts, Baby Carrots & French Bread	SOUP OF THE DAY Beef & Vegetables	SUPPER: Nacho Supreme w/ Fixings & Guacamole Chicken Stir Fry w/ Broccoli & Egg Roll	DESSERT: Blueberry Cobbler
TUESDAY, January 21				
BREAKFAST: Sausage Grits Biscuits & Sausage Gravy	LUNCH: Chicken Enchiladas w/ Green Sauce Pork Loin w/ Fried Cinnamon Apples Wild Rice, Sautéed Zucchini, Creamy Spinach & Bavarian Bread	SOUP OF THE DAY Baked Potato	SUPPER: Club Sandwich w/ Chips Breakfast Jack Sandwich w/ Deep Fried Zucchini	DESSERT: Bread Pudding Tiramisu
WEDNESDAY, January 22				
BREAKFAST: Bacon Oatmeal French Toast	LUNCH: Cabbage Roll Roasted Pork Rice Pilaf, Okra & Tomatoes, Black Eyed Peas Cornbread Muffins	SOUP OF THE DAY Vegetable	SUPPER: Grill Chicken Sandwich w/ Lettuce & Tomatoes & Fried Green Beans BBQ Beef Loaded Baked Potato & Fixing	DESSERT: Chocolate Cream Pie
THURSDAY, January 23				
BREAKFAST: Sausage Grits Breakfast Burritos	LUNCH: Beef Stroganoff over Egg Noodles Chicken Cordon Bleu w/ Hollandaise Sauce Baked Sweet Potato, Vegetable Medley & Roll	SOUP OF THE DAY Broccoli & Cheese	SUPPER: Grilled Monte Cristo Sandwich w/ Fries Chicken Tacos w/ Fixings & side of Black Bean Salad	DESSERT: Mexican Ice Cream Nachos
FRIDAY, January 24				
BREAKFAST: Bacon Cream of Wheat Cinnamon Rolls	LUNCH: Fried or Baked Catfish Bacon Wrap Stuffed Chicken Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies, Cornbread & Garlic Bread	SOUP OF THE DAY Chef's Choice	SUPPER: Chicken Pot Pie Hamburger w/ Fixings & French Fries	DESSERT: Assorted Desserts
SATURDAY, January 25				
BREAKFAST: Sausage Oatmeal Bagel Sandwich w/ Egg & Cheese	LUNCH: Chicken Fried Chicken Grilled Citrus Salmon Scalloped Potatoes, Gravy, Zucchini & Tomatoes, Black Eyed Peas & Cornbread Muffins	SOUP OF THE DAY Italian Wedding	SUPPER: Grilled Peanut Butter & Jelly Sandwich Shrimp Primavera Casserole	DESSERT: Carrot Cake