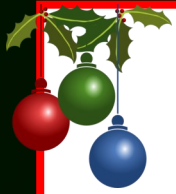


This Week at Mountain Creek



Recurring Activities

Mondays

9:30 Summit - FL
9:30 DVD Exercise - FC
2:00 Shuffleboard - 2nd Floor
5:30 Wii Practice - 2nd Floor
5:30 Texas Hold em –Summit/FL
6:00 - 42 Club - BR
6:30 -Table Games - QR3

Tuesdays

9:30 DVD Exercise - FC
1:00 Bridge Club - BR
2:00 Quarter Bingo - MPR
6:00 42 Club - BR
6:30 Table Games - QR3

Wednesday

9:30 Kroger & Summit - FL
9:30 DVD Exercise - FC
10:00 BP Checks -FL
1:30 Dry Cleaners drop off /pickup
2:00 Shuffleboard - 2nd Floor
2:00 Walmart- FL
2:00 Bible Study –***THEATER***
5:30 Wii Practice - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR3

Thursdays

9:30 DVD Exercise - FC
2:00 Prize Bingo - MPR
6:00 Wii Bowling Tour. - 2nd Floor
6:30 Table Games - QR3
6:00 42 club –BR

Fridays

9:30 DVD Exercise - FC
9:30 Summit - FL
2:00 Shuffleboard - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR

Saturdays

2:00 Bingo with Jean Peel –MPR



SUNDAY, DECEMBER 1ST

6:00 pm **Worship Service**
in Theater

MONDAY, DECEMBER 2ND

9:00 a.m. Arboretum –dress warm!
Door Décor starts-Best Dressed door wins a prize
at end of month!

TUESDAY, DECEMBER 3RD

9:30am **Communion & Rosary**

➡ 3:00 p.m. Quarter Bingo

WEDNESDAY DECEMBER 4TH

9:30 Seniorcize
10:00 A.M. BRIDGWAY HEALTH TALK
10:00 a.m. Lillian & Stella Gifts –F.L.
2:00 pm **Bible Study–*THEATER***



THURSDAY DECEMBER 5TH

2:00 p.m. **BINGO –MPR**

FRIDAY, DECEMBER 6TH

**10:00 a.m. Santa will be here for
pictures with you!- front lobby**
"Hot Cocoa" And Horse & Carriage Rides



SATURDAY DECMEBER 7TH

10:00 A.M. Christmas Nail Paint Party
Cosmo School here in MPR –FREE

Mountain Creek Weekly Menu

HOURS DAILY: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 5:30 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

ALL YOU CAN EAT SOUP AND SALAD ALWAYS AVAILABLE DURING LUNCH & SUPPER

SUNDAY, December 1				
BREAKFAST: Sausage Oatmeal Pancakes	LUNCH: Roast Beef Herbed Baked Chicken Mashed Potatoes, Brown Gravy, Green Beans, Buttered Baby Carrots & Roll	SOUP OF THE DAY Chef's Choice	SUPPER: Supreme Nacho w/ Fixings Ham, Broccoli & Cheese Quiche w/ side of Fresh Fruit	DESSERT : Chocolate Cake
MONDAY, December 2				
BREAKFAST: Bacon Cream of Wheat Blueberry Muffins	LUNCH: Beef Tips over Egg Noodles Chicken Teriyaki Baked Sweet Potato, Zucchini & Tomatoes, Steamed Broccoli & French Bread	SOUP OF THE DAY Beer Cheese	SUPPER: Chicken Salad Sandwich w/ Potato Chips Spaghetti w/ Meatballs & Garlic Bread	DESSERT: Blueberry Cobbler
TUESDAY, December 3				
BREAKFAST: Sausage Grits Biscuits & Sausage Gravy	LUNCH: Beef Lasagna Parmesan Crusted Tilapia Baked Potato, Asparagus, Egg Plant Casserole & Garlic Bread	SOUP OF THE DAY Split Pea	SUPPER: Shrimp Basket w/ Coleslaw & Fries Chicken Pot Pie w/ Biscuit	DESSERT: Lemon Cake
WEDNESDAY, December 4				
BREAKFAST: Bacon Oatmeal French Toast	LUNCH: Fried Chicken Smothered Pork Chops Mashed Potatoes & Gravy, Lima Beans, Hominy Casserole & Roll	SOUP OF THE DAY Chef's Choice	SUPPER: Chicken Primavera Casserole Grilled Tuna Melt Sandwich w/ Fritos	DESSERT: Raisin Oatmeal Cookies
THURSDAY, December 5				
BREAKFAST: Sausage Grits Breakfast Burritos	LUNCH: Salmon w/ Dill Sauce Swiss Steak Rice Pilaf, Sautéed Spinach, Yellow Squash Casserole & Bavarian Bread	SOUP OF THE DAY Fagioli	SUPPER: Grilled Reuben Sandwich w/ Sweet Potato Fries Smoked Sausage w/Pasta & Alfredo Sauce Casserole	DESSERT: Red Velvet Cake
FRIDAY, December 6				
BREAKFAST: Bacon Cream of Wheat Cinnamon Rolls	LUNCH Fried or Baked Catfish Chicken Cacciatore w/ Pasta Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	SOUP OF THE DAY Chicken Wild Rice	SUPPER: Turkey Wrap w/ French Fries BBQ Stuffed Sweet Potato w/ Fixings	DESSERT: Bread Pudding w/ Lemon Sauce
SATURDAY, December 7				
BREAKFAST: Sausage Oatmeal Bagel w/ Cream Cheese	LUNCH: Sweet & Sour Chicken Pepper Steak Fried Rice, Sautéed Mushrooms, Sautéed Zucchini, Egg Roll & Bread	SOUP OF THE DAY Baked Potato	SUPPER: Chili w/ Fixings & Cornbread Muffins Grilled Cheese w/ Chips	DESSERT: Cherry Pie