

This week at Mountain Creek

Recurring Activities

Mondays

9:30 Summit - FL
9:30 DVD Exercise - FC
2:00 Shuffleboard - 2nd Floor
5:30 Wii Practice - 2nd Floor
5:30 Texas Hold em –Summit/FL
6:00 - 42 Club - BR
6:30 -Table Games - QR3

Tuesdays

9:30 DVD Exercise - FC
1:00 Bridge Club - BR
2:00 Quarter Bingo - MPR
6:00 42 Club - BR
6:30 Table Games - QR3

Wednesday

9:30 Kroger & Summit - FL
9:30 DVD Exercise - FC
10:00 BP Checks -FL
1:30 Dry Cleaners drop off /pickup
2:00 Shuffleboard - 2nd Floor
2:00 Walmart- FL
2:00 Bible Study –***THEATER***
5:30 Wii Practice - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR3

Thursdays

9:30 DVD Exercise - FC
2:00 Prize Bingo - MPR
6:00 Wii Bowling Tour. - 2nd Floor
6:30 Table Games - QR3
6:00 42 club –BR

Fridays

9:30 DVD Exercise - FC
9:30 Summit - FL
2:00 Shuffleboard - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR3

SATURDAYS'

2:00 BINGO WITH JEAN PEEL

SUNDAY, OCTOBER 13TH

6:00 pm Worship Service in Theater

MONDAY, OCTOBER 14TH

DR KOBLE –QR 9:00-11:00 A.M.

TUESDAY, OCTOBER 15TH

9:30am Communion & Rosary

2:00 P.M. QUARTER BINGO

WEDNESDAY, OCTOBER 16TH

9:30 Seniorcize With Faye

12-3 AVON –FL

2:00 pm Bible Study–***THEATER***

Thursday OCTOBER 17TH

10:00 a.m. HEDY –Vendor –FL

2:00 P.M. PRIZE BINGO

5:00 p.m. ARLINGTON SYMPHONY

FRIDAY, OCTOBER 18TH

10:00 a.m. Pennies for your thoughts and
prize giveaway -FL

Hosted by Rene Beauchamp

6:00 pm Friday night movie

"War Horse"



SATURDAY OCTOBER 19TH

3:00 Paul Baskin –F.L.

5:00 p.m. LONE STAR PARK

Mountain Creek Weekly Menu

HOURS DAILY: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 5:30 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

ALL YOU CAN EAT SOUP AND SALAD ALWAYS AVAILABLE DURING LUNCH & SUPPER

SUNDAY, OCTOBER 13				
BREAKFAST: Sausage Oatmeal Pancakes	LUNCH: Pork Loin w/ Fried Cinnamon Apples Herbed Baked Chicken Mashed Potatoes, Gravy, Green Beans, Buttered Carrots & Roll	SOUP OF THE DAY Chef's Choice	SUPPER: Ham, Cheese & Tomato Quiche w/ Cup of Fresh Fruit Beef Goulash w/ Cheese Bread Sticks	DESSERT : Coconut Pie
MONDAY, OCTOBER 14				
BREAKFAST: Bacon Cream of Wheat Cranberry & Pecan Muffins	LUNCH: Beef Stew Parmesan Crusted Tilapia Roasted New Potatoes, Baked Brussel Sprouts, Beets & Cornbread Muffins	SOUP OF THE DAY Potato Chowder	SUPPER: Club Sandwich w/ Potato Chips Spaghetti w/ Meat Sauce & Garlic Bread	DESSERT: Carrot Cake
TUESDAY, OCTOBER 15				
BREAKFAST: Sausage Grits Biscuits & Sausage Gravy	LUNCH: Chicken Fried Steak Grilled Salmon Scalloped Potatoes, Gravy, Vegetable Medley, Creamy Spinach & Roll	SOUP OF THE DAY Tomato Basil	SUPPER: Shrimp Basket w/ Coleslaw & French Fries Tuna Melt w/ Sweet Potato Fries	DESSERT: Root Beer Floats
WEDNESDAY, OCTOBER 16				
BREAKFAST: Bacon Oatmeal French Toast	LUNCH: Roast Beef w/ Brown Gravy Chicken Marsala Brown Rice, Okra & Tomatoes, Sweet Peas & Bavarian Bread	SOUP OF THE DAY Chicken Tortilla	SUPPER: Grilled Monte Cristo Sandwich w/ Tater Tots Chicken Ala King Casserole	DESSERT: Cheesecake
THURSDAY, OCTOBER 17				
BREAKFAST: Sausage Grits Breakfast Burritos	LUNCH: Pepper Steak Chicken Fajitas Spanish Rice, Charro Beans, Mixed Steam Vegetables, Flour Tortilla & Guacamole	SOUP OF THE DAY Minestrone	SUPPER: BLT Sandwich w/ Chips Beef Burrito w/ Fiesta Bean Salad	DESSERT: Lemon Meringue
FRIDAY, OCTOBER 18				
BREAKFAST: Bacon Cream of Wheat Breakfast Jacks	LUNCH Fried or Baked Catfish Taco Salad w/ Fixings Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	SOUP OF THE DAY Gumbo	SUPPER: Hamburgers w/ Fixings & French Fries Beef Lasagna w/ Garlic Bread	DESSERT: Raisin Oatmeal Cookies
SATURDAY, OCTOBER 19				
BREAKFAST: Sausage Oatmeal Cinnamon Rolls	LUNCH: Honey Mustard Chicken Fried Shrimp Butterfly Baked Sweet Potato, Macaroni & Cheese, Asparagus & Roll	SOUP OF THE DAY Chicken Noodle	SUPPER: Philly Cheese Steak Sandwich w/ Onion Rings Chicken & Dumplings	DESSERT: Brownies