This Week at Mountain Creek

Recurring Activities

Mondays

9:30 Summit - FL 9:30 DVD Exercise - FC 2:00 Shuffleboard - 2nd Floor 5:30 Wii Practice - 2nd Floor 5:30 Texas Hold em –Summit/FL 6:00 - 42 Club - BR 6:30 -Table Games - QR3

Tuesdays

9:30 DVD Exercise - FC 1:00 Bridge Club - BR 2:00 <u>Quarter Bingo</u> - MPR 6:00 42 Club - BR 6:30 Table Games - QR3

Wednesday

9:30 Kroger & Summit - FL
9:30 DVD Exercise - FC
10:00 BP Checks -FL
1:30 Dry Cleaners drop off /pickup
2:00 Shuffleboard - 2nd Floor
2:00 Walmart- FL
2:00 Bible Study -* THEATER*
5:30 Wii Practice - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR3

Thursdays

9:30 DVD Exercise - FC 2:00 <u>Prize Bingo</u> - MPR 6:00 Wii Bowling Tour. - 2nd Floor 6:30 Table Games - QR3 6:00 42 club –BR

Fridays

9:30 DVD Exercise - FC 9:30 Summit - FL 2:00 Shuffleboard - 2nd Floor 6:00 42 Club - BR 6:30 Table Games - QR3 <u>SATURDAYS'</u> 2:00 BINGO WITH JEAN PEEL <u>SUNDAY, OCTOBER 20th</u> 6:00 pm Worship Service in Theater

MONDAY, OCTOBER 21st 10:00 Dr. Salano –QR 10:00 A.M. Cornerstone Vendor –FL

TUESDAY, OCTOBER 22nd 9:30am Communion & Rosary

3:00 p.m. BINGO –NOT 2PM TODAY

4:30 out to eat at Macaroni Grill

<u>WEDNESDAY, OCTOBER 23rd</u> 9:30 Seniorcize 2:00 pm Bible Study-*<u>THEATER*</u> 3:00 P.M. CHORDBUSTERS-MPR

> Thursday OCTOBER 24th 2:00 P.M. PRIZE BINGO

FRIDAY, OCTOBER 25th 9:00 a.m. Dallas Arboretum 9:30 BUNCO – MPR

SATURDAY OCTOBER 26th 8:00 A.M. –10:00 A.M. COFFEE WITH A COP – FRONT LOBBY

Mountain Creek Deekly Menu

HOURS DAILY: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 5:30 P.M. ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

ALL YOU CAN EAT SOUP AND SALAD ALWAYS AVAILABLE DURING LUNCH & SUPPER

SUNDAY, October 20				
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT :
Sausage	Turkey & Dressing	THE DAY	Turkey & Cheese Sandwich	
Oatmeal	Honey Glazed Ham		w/ Cup of Fresh Fruit	
		Chef's		Peach
Pancakes	Mashed Potatoes, Gravy, Yams,	Choice	Sausages, Peppers & Onions	Cobbler
	Green Beans Casserole, Cranberry		w/ Steamed Rice &	
	Sauce & Roll		Vegetable Medley	
MONDAY, October 21				
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT:
Bacon	Swiss Steak	THE DAY	Assorted Wing Basket w/	
Cream of	Salmon w/ Dill Sauce		Fries & Coleslaw	Chocolate
Wheat		Cream		Cake
	Brown Rice, Zucchini &	of	Swedish Meatballs over Egg	
Blueberry	Tomatoes, Sautéed Spinach &	Mushrooms	Noodles w/ Seamed Broccoli	
Muffins	French Bread			
TUESDAY, October 22				
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT:
Sausage	Crab Cakes	THE DAY	BBQ Beef Sandwich w/ Potato	DLOOLKI.
Grits	Pot Roast w/ Carrots & Potatoes		Chips	Strawberry
GIIIS	TOT ROAST W/ CALLOTS & POTATOES	French	i Sin Po	Shortcake
Biscuits &	Culle Markel Devices Burney	Onion	Sweet & Sour Chicken w/ Fried	Shortcake
AP DOUND OF BOOMSPEED STOLE	Garlic Mashed Potatoes, Brown		Rice & Egg Roll	
Sausage Gravy	Gravy, Asparagus, Buttered Corn & Roll			
	BARK KOSTOWNOWS			
		ESDAY, October 2		DEGGER
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT:
Bacon	Spaghetti w/ Meat Sauce	THE DAY	Shrimp Tacos w/ Coleslaw	
Oatmeal	Grilled Salmon		Salad w/ side of Fried Okra	Chocolate
		Chef's		Pie
French Toast	Baked Sweet Potato, Yellow	Choice	Breakfast Jacks w/ Fried	
	Squash Casserole, Italian Green		Onion Ring	
	Beans & Garlic Bread			
THURSDAY, October 24				
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT:
Sausage	Fried Chicken	THE DAY	Grilled Patty Melt Sandwich	
Grits	Roasted Pork Loin		w/ Fried Green Beans	Fruit
		Cowboy		Tarts
Breakfast	German Potato Salad, Seasoning		Ravioli w/ Meat Sauce w/	
Burritos	Cabbage, Bacon Baked Brussel		Peas & Bread Garlic Stick	
	Sprouts & Bavarian Bread			
FRIDAY, October 25				
BREAKFAST:	LUNCH	SOUP OF	SUPPER:	DESSERT:
Bacon	Fried or Baked Catfish	THE DAY	Brisket Tacos w/ side of	
Cream of	Chicken Pot Pie		Baked Beans	Bread Pudding
Wheat		Egg		w/ Lemon
	Fried Potatoes, Pinto Beans	Drop	Ham & Broccoli Quiche w/	Sauce
Cinnamon	Turnip Greens, Hushpuppies &	L.	Cup of Fresh Fruit	
Rolls	Combread		noonal T a m <u>ana</u> canazarotanya <u>Canocorp</u> ia	
SATURDAY, October 26				
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT:
Sausage	Chili	THE DAY	Pizza Supreme, Pepperoni or	
causage	Chicken Cordon Bleu w/		Cheese w/ side of Marinara	Cherry
Oatmeal	Hollandaise Sauce	Chef's	Sauce	Pie
Danishes	i tonantialoc oauce	Choice	Sauce	T IC
	Baked Potato, Macaroni &		Grilled Chicken Salad	
	Cheese, Sugar Snap Peas &		Sandwich w/ Fritos	
	Cornbread Muffins		Sandwich w/ THOS	
	Complead Munifils			