

SEPTEMBER 22ND-28TH

Recurring Activities

Mondays

- 9:30 Summit - FL
- 9:30 DVD Exercise - FC
- 2:00 Shuffleboard - 2nd Floor
- 5:30 Wii Practice - 2nd Floor
- 5:30 Texas Hold em - Summit/FL
- 6:00 - 42 Club - BR
- 6:30 - Table Games - QR3

Tuesdays

- 9:30 DVD Exercise - FC
- 1:00 Bridge Club - BR
- 2:00 Quarter Bingo - MPR
- 6:00 42 Club - BR
- 6:30 Table Games - QR3

Wednesday

- 9:30 Kroger & Summit - FL
- 9:30 DVD Exercise - FC
- 10:00 BP Checks -FL
- 1:30 Dry Cleaners drop off /pickup
- 2:00 Shuffleboard - 2nd Floor
- 2:00 Skip-Bo - QR3
- 2:00 Walmart- FL
- 2:00 Bible Study -CH
- 5:30 Wii Practice - 2nd Floor
- 6:00 42 Club - BR
- 6:30 Table Games - QR3

Thursdays

- 9:30 DVD Exercise - FC
- 2:00 Prize Bingo - MPR
- 6:00 Wii Bowling Tour. - 2nd Floor
- 6:30 Table Games - QR3
- 6:00 42 club -BR

Fridays

- 9:30 DVD Exercise - FC
- 9:30 Summit - FL
- 2:00 Shuffleboard - 2nd Floor
- 6:00 42 Club - BR
- 6:30 Table Games - QR3

SUNDAY, SEPTEMBER 22ND

6:00 pm **Worship Service in Theater**

MONDAY, SEPTEMBER 23RD

10:00 A.M. **CORNERSTONE -FL**

9:30 **EXERCISE -DR**

10:00 A.M. **MICKEY MASSAGE-QR**

TUESDAY, SEPTEMBER 24TH

9:30am **Communion & Rosary**
BIRTHDAY PARTY @ LUNCH
2:00 P.M. QUARTER BINGO
4:30 out to eat -APPLEBEE'S

WEDNESDAY, SEPTEMBER 25TH

10:00 A.M. **HEDY -VENDOR -FL**

2:00 pm **Bible Study- Chapel**

Thursday SEPTEMBER 26TH

2:00 P.M. **PRIZE BINGO**

FRIDAY, SEPTEMBER 27TH

10-2:30 **FLU SHOTS-FL.**

NO EXERCISE

6:00 pm **Friday NIGHT MOVIE**

Located in theater popcorn provided

SATURDAY SEPTEMBER 28TH

2:00 pm **Quarter Bingo - MPR**

with **Jean Peel**

T
h
i
s

W
e
e
k

a
t

M
o
u
n
t
a
i
n

C
r
e
e
k

Mountain Creek Weekly Menu

HOURS DAILY: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 5:30 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

ALL YOU CAN EAT SOUP AND SALAD ALWAYS AVAILABLE DURING LUNCH & SUPPER

SUNDAY, September 22				
BREAKFAST: Sausage Oatmeal Pancakes	LUNCH: Pot Roast w/ Carrots & Potatoes Stuffed Flounder Mashed Potatoes, Gravy, Creamy Corn, Italian Green Beans & Roll	SOUP OF THE DAY Chef's Choice	SUPPER: Egg Salad Sandwich w/ Potato Chips Beef Goulash Casserole w/ Garlic Bread	DESSERT : Coconut Pie
MONDAY, September 23				
BREAKFAST: Bacon Cream of Wheat Blueberry Muffins	LUNCH: Honey Walnut Shrimp Beef Teriyaki Fried Rice, Sautéed Mushrooms, Broccoli Florets & Egg Rolls	SOUP OF THE DAY Egg Drop	SUPPER: Taco Salad w/ Fixings Turkey Tetrazzini Casserole w/ Peas & French Bread	DESSERT: Bread Pudding Tiramisu
TUESDAY, September 24				
BREAKFAST: Sausage Grits Biscuits & Sausage Gravy	LUNCH: Chicken Piccata Beef Stew Baked Sweet Potato, Vegetable Medley, Navy Beans & Cornbread Muffins	SOUP OF THE DAY Baked Potato	SUPPER: Turkey Wraps w/ Potato Chips Fried Fish Sticks w/ Macaroni & Cheese & Coleslaw	DESSERT: Baked Caramel Pears
WEDNESDAY, September 25				
BREAKFAST: Bacon Oatmeal French Toast	LUNCH: Salmon Croquets Spaghetti w/ Meat Sauce, Baked Potato, Sugar Snap Peas, Beets & Garlic Bread	SOUP OF THE DAY Tomato Basil	SUPPER: Grilled Montecristo Sandwich w/ Raspberry Sauce Cheese Bacon & Spinach Tortellini Casserole	DESSERT: Strawberry Shortcake
THURSDAY, September 26				
BREAKFAST: Sausage Grits Breakfast Burritos	LUNCH: Fried Chicken Pepper Steak Mashed Potato, Gravy, Green Beans, Baby Carrots & Roll	SOUP OF THE DAY Vegetables	SUPPER: Sloppy Joes w/ Fritos Chicken Tenders Basket w/ French Fries, Coleslaw & Gravy	DESSERT: Brownie Sundae
FRIDAY, September 27				
BREAKFAST: Bacon Cream of Wheat Breakfast Jacks	LUNCH Fried or Baked Catfish Chicken Spaghetti Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	SOUP OF THE DAY Ravioli & Vegetables	SUPPER: Trio Plate Salad (Chicken, Tuna & Egg) w/ Cup of Fresh Fruit BBQ Beef Sandwich w/ French Fries	DESSERT: Cherry Crunch
SATURDAY, August 28				
BREAKFAST: Sausage Oatmeal Cinnamon Rolls	LUNCH: Honey Glazed Ham Herbed Baked Chicken Sweet Potato Casserole, Bacon Brussel Sprouts, Cauliflower & Roll	SOUP OF THE DAY Minestrone	SUPPER: Beef Au Jus Sandwich w/ Sweet Potato Fries Grilled Turkey Burgers w/ Fixings & Chips	DESSERT: Blueberry Cheesecake Bars