

# This Week at Mountain Creek

## Recurring Activities

### **Mondays**

9:30 Summit - FL  
9:30 DVD Exercise - FC  
2:00 Shuffleboard - 2nd Floor  
5:30 Wii Practice - 2nd Floor  
5:30 Texas Hold em –Summit/FL  
6:00 - 42 Club - BR  
6:30 -Table Games - QR3

### **Tuesdays**

9:30 DVD Exercise - FC  
1:00 Bridge Club - BR  
2:00 Quarter Bingo - MPR  
6:00 42 Club - BR  
6:30 Table Games - QR3

### **Wednesday**

9:30 Kroger & Summit - FL  
9:30 DVD Exercise - FC  
10:00 BP Checks -FL  
1:30 Dry Cleaners drop off /pickup  
2:00 Shuffleboard - 2nd Floor  
2:00 Walmart- FL  
2:00 Bible Study –CH  
5:30 Wii Practice - 2nd Floor  
6:00 42 Club - BR  
6:30 Table Games - QR3

### **Thursdays**

9:30 DVD Exercise - FC  
2:00 Prize Bingo - MPR  
6:00 Wii Bowling Tour. - 2nd Floor  
6:30 Table Games - QR3  
6:00 42 club –BR

### **Fridays**

9:30 DVD Exercise - FC  
9:30 Summit - FL  
2:00 Shuffleboard - 2nd Floor  
6:00 42 Club - BR

SUNDAY, SEPTEMBER 15th

**6:00 pm Worship Service in Theater**

MONDAY, SEPTEMBER 16th

**9:00 a.m. Dr. Salano here**

**9:30 Seniorcize –DR**

TUESDAY, SEPTEMBER 17th

**9:30am Communion & Rosary**

**10:00 a.m. Sandy's Creations –FL**

**2:00 P.M. QUARTER BINGO**

WEDNESDAY, SEPTEMBER 18th

**9:30 Seniorcize –DR**

**12-4 AVON –FL**

**2:00 pm Bible Study– Chapel**

Thursday SEPTEMBER 19th

**2:00 P.M. PRIZE BINGO**

FRIDAY, SEPTEMBER 20th

**9:30 am Seniorcize – DR**

**6:00 MOVIE night in theater**



**September 21st**

**2:00 p.m. Quarter bingo –mpr**

**3:00 Paul Baskin –FL**

# Mountain Creek Weekly Menu

HOURS DAILY: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 5:30 P.M.

**ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY**

**ALL YOU CAN EAT SOUP AND SALAD ALWAYS AVAILABLE DURING LUNCH & SUPPER**

## SUNDAY, September 15

<b>BREAKFAST:</b> Sausage Oatmeal  Pancakes	<b>LUNCH:</b> Turkey w/ Gravy & Dressing Honey Glazed Ham  Mashed Potatoes, Green Bean Casserole, Yams, Cranberry Sauce & Roll	<b>SOUP OF THE DAY</b>  Chef's Choice	<b>SUPPER:</b> Meatball Sandwich w/ Sweet Potato Fries  Quiche w/ Cup of Fresh Fruit	<b>DESSERT :</b>  Pumpkin Pie
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## MONDAY, September 16

<b>BREAKFAST:</b> Bacon Cream of Wheat  Blueberry Muffins	<b>LUNCH:</b> Stuffed Bell Peppers Smothered Pork Chops,  Roasted New Potatoes, Hominy Casserole, Sautéed Zucchini & Roll	<b>SOUP OF THE DAY</b>  Split Pea	<b>SUPPER:</b> Club Sandwich w/ Potato Chips  Shrimp Primavera w/ Vegetable Medley & Garlic Bread Stick	<b>DESSERT:</b>  Mixed Berries Cobbler
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## TUESDAY, September 17

<b>BREAKFAST:</b> Sausage Grits  Biscuits & Sausage Gravy	<b>LUNCH:</b> Chicken Isabella Creole Tilapia over Angel Hair Pasta  Twice Baked Potato Casserole, Sautéed Spinach, Yellow Squash & Bavarian Bread	<b>SOUP OF THE DAY</b>  Beer & Cheese	<b>SUPPER:</b> Grilled Reuben Sandwich w/ Fried Green Beans  Soft Beef Tacos w/ Fixings, Salsa & Sour Cream	<b>DESSERT:</b>  Chocolate Poke Cake & Pecans
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## WEDNESDAY, September 18

<b>BREAKFAST:</b> Bacon Oatmeal  French Toast	<b>LUNCH:</b> Crab Cakes Chicken Fried Steak  Mashed Potatoes, Gravy, Buttered Corn, Black Eyed Peas, Asparagus & Cornbread Muffins	<b>SOUP OF THE DAY</b>  Beef & Vegetables	<b>SUPPER:</b> Patty Melt w/ French Fries  Chicken Lasagna w/ Side of Broccoli & Garlic Bread	<b>DESSERT:</b>  Strawberry Dump Cake
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## THURSDAY, September 19

<b>BREAKFAST:</b> Sausage Grits  Breakfast Burritos	<b>LUNCH:</b> Beef Brisket BBQ Chicken  Potato Salad, Coleslaw, Baked Beans & Roll	<b>SOUP OF THE DAY</b>  Cream of Mushrooms	<b>SUPPER:</b> Nacho Supreme w/ Fixings  Sweet & Sour Chicken w/ Steamed Rice & Egg Roll	<b>DESSERT:</b>  Apple Crisp
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## FRIDAY, September 20

<b>BREAKFAST:</b> Bacon Cream of Wheat  Breakfast Jacks	<b>LUNCH</b> Fried or Baked Catfish Chicken & Dumplings  Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	<b>SOUP OF THE DAY</b>  French Onion	<b>SUPPER:</b> Philly Cheese Steak Sandwich w/ Fried Green Tomatoes  Spinach Cheese Ravioli & White Sauce w/ Peas	<b>DESSERT:</b>  Banana Split
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## SATURDAY, September 21

<b>BREAKFAST:</b> Sausage Oatmeal  Cinnamon Rolls	<b>LUNCH:</b> Beef Lasagna Pork Loin w/ Fried Cinnamon Apples Baked Sweet Potato Casserole, Bacon Brussel Sprouts & French Bread	<b>SOUP OF THE DAY</b>  Chicken Noodle	<b>SUPPER:</b> Chicken Salad Sandwich on Croissant w/ Side of Fresh Fruit  Bratwurst w/ Sauerkraut & French Fries	<b>DESSERT:</b>  Sopapilla w/ Honey
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