

This week at Mountain Creek

Recurring Activities

Mondays

9:30 Summit - FL
9:30 DVD Exercise - FC
2:00 Shuffleboard - 2nd Floor
5:30 Wii Practice - 2nd Floor
5:30 Texas Hold em –Summit/FL
6:00 - 42 Club - BR
6:30 -Table Games - QR3

Tuesdays

9:30 DVD Exercise - FC
1:00 Bridge Club - BR
2:00 Quarter Bingo - MPR
6:00 42 Club - BR
6:30 Table Games - QR3

Wednesday

9:30 Kroger & Summit - FL
9:30 DVD Exercise - FC
10:00 BP Checks -FL
1:30 Dry Cleaners drop off /pickup
2:00 Shuffleboard - 2nd Floor
2:00 Walmart- FL
2:00 Bible Study –CH
5:30 Wii Practice - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR3

Thursdays

9:30 DVD Exercise - FC
2:00 Prize Bingo - MPR
6:00 Wii Bowling Tour. - 2nd Floor
6:30 Table Games - QR3
6:00 42 club –BR

Fridays

9:30 DVD Exercise - FC
9:30 Summit - FL
2:00 Shuffleboard - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR3

SUNDAY, SEPTEMBER 1ST

6:00 pm Worship Service in Theater

MONDAY, SEPTEMBER 2ND

HAPPY LABOR DAY!

TUESDAY, SEPTEMBER 3RD

9:30am Communion & Rosary

2:00 P.M. QUARTER BINGO

WEDNESDAY, SEPTEMBER 4TH

**9:30 Seniorcize/Health talk
with Bridgeway**

2:00 pm Bible Study– Chapel

Thursday SEPTEMBER 5TH

2:00 P.M. PRIZE BINGO with Jean Peel

FRIDAY, SEPTEMBER 6TH

9:30 am Seniorcize – DR

6:00 pm Friday NIGHT MOVIE

“The way we were”

SATURDAY SEPTEMBER 7TH

**2:00 pm Quarter Bingo - MPR
with Jean Peel**

Mountain Creek Weekly Menu

HOURS DAILY: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 5:30 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

ALL YOU CAN EAT SOUP AND SALAD ALWAYS AVAILABLE DURING LUNCH & SUPPER

SUNDAY, September 1				
BREAKFAST: Sausage Oatmeal Pancakes	LUNCH: Pork Loin w/ Fried Apples Stuffed Chicken Breast w/ Broccoli Mashed Potatoes, Gravy, Green Beans, Buttered Corn & Roll	SOUP OF THE DAY Chef's Choice	SUPPER: BLT Sandwich w/ Potato Chips Egg Salad Sandwich w/ Cup of Fresh Fruit	DESSERT : Cheesecake
MONDAY, September 2				
BREAKFAST: Bacon Cream of Wheat Orange Blossom Muffins	LUNCH: BBQ Pork Ribs Baked Chicken Potato Salad, Corn on the Cob, Beaked Beans, Coleslaw & Roll	SOUP OF THE DAY Chili	SUPPER: Hot Dog w/ Fixings & Potato Chips Grilled Chicken Sandwich & Lettuce & Tomato w/ Fries	DESSERT: Watermelon Slices
TUESDAY, September 3				
BREAKFAST: Sausage Grits Biscuits & Sausage Gravy	LUNCH: Beef Stew Chicken Piccata Scalloped Potatoes, Gravy, Black Eyed Peas, Sautéed Spinach & Cornbread Muffins	SOUP OF THE DAY Southwestern Vegetable & Chicken	SUPPER: Grilled Monte Cristo Sandwich w/ Tater Tots & Raspberry Sauce Hawaiian Chicken over Steamed Rice	DESSERT: Chocolate Poke Cake & Pecans
WEDNESDAY, September 4				
BREAKFAST: Bacon Oatmeal French Toast	LUNCH: Swiss Steak Beef Tip Steamed Rice, Vegetable Medley, Corn Casserole & Bavarian Bread	SOUP OF THE DAY Fall Vegetable Quinoa	SUPPER: Beef Lo Mein w/ Vegetables & Egg Roll Shrimp Po Boy w/ Fries	DESSERT: Blueberry Pie
THURSDAY, September 5				
BREAKFAST: Sausage Grits Breakfast Burritos	LUNCH: Honey Mustard Chicken Grilled Garlic Butter Salmon Baked Sweet Potato, Beets, Asparagus & French Bread	SOUP OF THE DAY Navy Bean & Ham	SUPPER: Grilled Peanut Butter & Jelly Sandwich w/ Fritos Chicken Casserole w/ side of Broccoli	DESSERT: Carrot Cake
FRIDAY, September 6				
BREAKFAST: Bacon Cream of Wheat Breakfast Jacks	LUNCH Fried or Baked Catfish Chicken Alfredo & Garlic Bread Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	SOUP OF THE DAY Lentil	SUPPER: Hamburger w/ Fixings & Fries Turkey Avocado & Cheese Sandwich on Croissant w/ Chips	DESSERT : Fruit Tarts
SATURDAY, September 7				
BREAKFAST: Sausage Oatmeal Cinnamon Rolls	LUNCH: Ritz Chicken Breast Pepper Steak Twice Baked Potatoes, Sautéed Zucchini, Creamy Corn & Roll	SOUP OF THE DAY Red Kidney Bean & Pasta	SUPPER: Sloppy Joe w/ Sweet Potato Fries Ham & Cheese Sandwich w/ Lettuce, Tomatoes & Cup of Fresh Fruit	DESSERT: Assorted Ice Cream Bars