

This Week at Mountain Creek

Recurring Activities

Mondays

9:30 Summit - FL
9:30 DVD Exercise - FC
2:00 Shuffleboard - 2nd Floor
5:30 Wii Practice - 2nd Floor
5:30 Texas Hold em –Summit/FL
6:00 - 42 Club - BR
6:30 -Table Games - QR3

Tuesdays

9:30 DVD Exercise - FC
1:00 Bridge Club - BR
2:00 Quarter Bingo - MPR
6:00 42 Club - BR
6:30 Table Games - QR3

Wednesday

9:30 Kroger & Summit - FL
9:30 DVD Exercise - FC
10:00 BP Checks -FL
1:30 Dry Cleaners drop off /pickup
2:00 Shuffleboard - 2nd Floor
2:00 Skip-Bo - QR3
2:00 Walmart- FL
2:00 Bible Study –CH
5:30 Wii Practice - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR3

Thursdays

9:30 DVD Exercise - FC
2:00 Prize Bingo - MPR
6:00 Wii Bowling Tour. - 2nd Floor
6:30 Table Games - QR3
6:00 42 club –BR

Fridays

9:30 DVD Exercise - FC
9:30 Summit - FL
2:00 Shuffleboard - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR3

SUNDAY, JULY 21st

6:00 p.m. **Worship Service in Theater**

MONDAY, JULY 22nd

9:30 SENIORCISE
1-3 p.m. **MICKEY MASSAGE**

TUESDAY, JULY 23rd

9:30 **Communion & Rosary**
4:30 Out to Eat @
SPAGHETTI WARHOUSE

WEDNESDAY, JULY 24th

2:00 **Bible Study w/ Conard & Cross**
3:00 p.m. **CHORDBUSTERS MPR**

Thursday July 25th

10:00 a.m. **BRYAN PETTY JEWELRY–FL**

FRIDAY, JULY 26th

9:30 Seniorcize –DR
6:00 **Friday Night Movies– Theater**

SATURDAY, JULY 27th

NO BINGO
2-4 P.M. PARTY –Lillian
Blanchard
In MPR
All Invited for Cake!

Mountain Creek's Weekly Menu

DAILY HOURS: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 5:30 P.M.
ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY
ALL YOU CAN EAT SOUP AND SALAD AT LUNCH & SUPPER

SUNDAY, July 21				
BREAKFAST: Sausage Oatmeal Pancakes	LUNCH: Roast Beef Stuffed Chicken Breast Mashed Potatoes w/ Brown Gravy, Green Beans, Buttered Baby Carrots & Roll	SOUP OF THE DAY Chef's Choice	SUPPER: Waffles w/ Toppings & Cup of Fresh Fruit Beef Goulash w/ Cheese Bread Sticks	DESSERT: Red Velvet Cake
MONDAY, July 22				
BREAKFAST: Bacon Cream of Wheat Pecan & Cranberry Muffins	LUNCH: Orange Cranberry Pork Loin Roast Sesame Chicken Brown Rice, Steamed Broccoli, Sautéed Mushrooms & Bread	SOUP OF THE DAY Chicken Noodles	SUPPER: King Ranch Chicken Casserole Nacho Supreme w/ Fixings	DESSERT: Cherry Cobbler
TUESDAY, July 23				
BREAKFAST: Sausage Grits Biscuits & Sausage Gravy	LUNCH: Shrimp Enchiladas w/ Green & Sour Cream Sauce Chicken Fajitas Spanish Rice, Charro Beans, Sautéed Zucchini, Guacamole & Flour Tortillas	SOUP OF THE DAY Cream of Potato	SUPPER: BLT Sandwich w/ Potato Chips Beef Stir Fry w/ Vegetables & Egg Roll	DESSERT: Ice Cream Mexican Nachos
WEDNESDAY, July 24				
BREAKFAST: Bacon Oatmeal French Toast	LUNCH: Chicken Fried Steak Walnut Crusted Salmon Mashed Potatoes, Gravy, Creamy Corn, Sautéed Spinach & Roll	SOUP OF THE DAY Beef & Vegetables	SUPPER: Sloppy Joes w/ Sweet Potato Fries Supreme, Cheese & Pepperoni Pizza	DESSERT: Peanut Butter Pie
THURSDAY, July 25				
BREAKFAST: Sausage Grits Breakfast Burritos	LUNCH: BBQ Brisket Garlic Parmesan Baked Tilapia Potato Salad, Italian Green Beans, Corn on the Cob & Roll	SOUP OF THE DAY Fagioli	SUPPER: Meatball Sandwich w/ Chips Broccoli & Cheese Soup w/ Grilled Cheese	DESSERT: Churros w/ Vanilla Ice Cream
FRIDAY, June 26				
BREAKFAST: Bacon Cream of Wheat Breakfast Jacks	LUNCH: Fried or Baked Catfish Chicken Cacciatore over Pasta Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	SOUP OF THE DAY Cream of Mushrooms	SUPPER: Philly Cheese Steak Sandwich w/ Onion Rings Ravioli w/ Alfredo Sauce & Snap Peas	DESSERT: Banana Split
SATURDAY, July 27				
BREAKFAST: Sausage Oatmeal Cinnamon Rolls	LUNCH: Rosemary Pork Loin Honey Mustard Chicken Steamed Rice, Buttered Corn & Bread	SOUP OF THE DAY Vegetable	SUPPER: Breakfast Casserole w/ Cup of Fresh Fruit Hamburgers w/ Fixings & French Fries	DESSERT: Pecan Pie