

This Week @



Recurring Activities

Mondays

- 9:30 Summit - FL
- 9:30 DVD Exercise - FC
- 2:00 Shuffleboard - 2nd Floor
- 5:30 Wii Practice - 2nd Floor
- 5:30 Texas Hold em –Summit/FL
- 6:00 - 42 Club - BR
- 6:30 -Table Games - QR3

Tuesdays

- 9:30 DVD Exercise - FC
- 1:00 Bridge Club - BR
- 2:00 Quarter Bingo - MPR
- 6:00 42 Club - BR
- 6:30 Table Games - QR3

Wednesday

- 9:30 Kroger & Summit - FL
- 9:30 DVD Exercise - FC
- 10:00 BP Checks -FL
- 1:30 Dry Cleaners drop off /pickup
- 2:00 Shuffleboard - 2nd Floor
- 2:00 Walmart- FL
- 2:00 Bible Study –CH
- 5:30 Wii Practice - 2nd Floor
- 6:00 42 Club - BR
- 6:30 Table Games - QR3

Thursdays

- 9:30 DVD Exercise - FC
- 2:00 Prize Bingo - MPR
- 6:00 Wii Bowling Tour. - 2nd Floor
- 6:30 Table Games - QR3
- 6:00 42 club –BR

Fridays

- 9:30 DVD Exercise - FC
- 9:30 Summit - FL
- 2:00 Shuffleboard - 2nd Floor
- 6:00 42 Club - BR
- 6:30 Table Games - QR3

SUNDAY, JULY 7TH

6:00 p.m. Worship Service –THE

MONDAY, JULY 8TH

9:30 SENIORCISE –DR
9-11 AM Dr. Koble – QR

TUESDAY, JULY 9TH

9:30 Communion & Rosary –CH
4:30 Rosa's Café –Out to Eat Bunch

WEDNESDAY, JULY 10TH

9:30 SENIORCIZE –DR
2:00 Bible Study w/ Conard & Cross

THURSDAY, JULY 11TH

10:30 LIFT-MPR
2:00 Legion of Mary - CH

FRIDAY, JUNE 12TH

9:30 Seniorcize –DR
9:30 BUNCO –MPR
11-3 HEDY Clothing –FL
1:30 –Root Beer Floats Social
Meet New & Old Friends
6:00 Friday Night Movies-THE

SATURDAY, JULY 13TH

2PM Quarter BINCO—MPR



Mountain Creek's Weekly Menu

HOURS DAILY: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 5:30 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

ALL YOU CAN EAT SOUP AND SALAD DURING LUNCH & SUPPER

SUNDAY, July 7				
BREAKFAST: Sausage Oatmeal Pancakes	LUNCH: Roast Beef w/Brown Gravy Cornish Hens Cornbread Dressing, Mashed Potatoes, Yams, Green Beans & Roll	SOUP OF THE DAY Chef's Choice	SUPPER: Pepperoni, Supreme & Cheese Pizza Tuna Salad Sandwich w/ Cup of Fresh Fruit	DESSERT: Apple Pie
MONDAY, July 8				
BREAKFAST: Bacon Cream of Wheat Orange Blossom Muffins	LUNCH: Chicken Alfredo Parmesan Crusted Tilapia, Roasted New Potatoes, Broccoli, Beets & French Bread	SOUP OF THE DAY Chicken Noodle	SUPPER: Chicken Stuffed Baked Potato w/ Broccoli & Cheese Pepper Steak w/ Steamed Rice	DESSERT: Chocolate Cake
TUESDAY, July 9				
BREAKFAST: Sausage Grits Biscuits & Sausage Gravy	LUNCH: Beef Lasagna Chicken Marsala Baked Sweet Potato, Sugar Snap Peas, Baby Carrots & Garlic Bread	SOUP OF THE DAY Broccoli & Cheese	SUPPER: Hamburgers w/ Fixings & French Fries Mexican Chicken Casserole	DESSERT: Bread Pudding Tiramisu
WEDNESDAY, July 10				
BREAKFAST: Bacon Oatmeal French Toast	LUNCH: Smothered Pork Chops Meatloaf Scalloped Potatoes, Sautéed Spinach, Fried Okra & Cornbread Muffins	SOUP OF THE DAY Vegetable	SUPPER: Grilled Reuben Sandwich w/ Sweet Potato Fries Nacho Supreme w/ Fixings	DESSERT: Coconut Pie
THURSDAY, July 11				
BREAKFAST: Sausage Grits Breakfast Burritos	LUNCH: Pot Roast w/ Carrots & Potatoes Shrimp Scampi Baked Potato, Vegetable Medley & Roll	SOUP OF THE DAY Tomato Basil	SUPPER: Chicken Salad on Croissant w/ Potato Chips Beef Fajita Tacos w/ Fixings	DESSERT: Strawberry Shortcake
FRIDAY, July 12				
BREAKFAST: Bacon Cream of Wheat Danishes	LUNCH: Fried or Baked Catfish Chicken Stir Fry w/ Rice Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	SOUP OF THE DAY Chicken Tortilla	SUPPER: Chicken Quesadillas w/ side of Sour Cream & Salsa Hash brown & Sausage Breakfast Casserole	DESSERT: Bread Pudding w/ Lemon Sauce
SATURDAY, July 13				
BREAKFAST: Sausage Oatmeal Cinnamon Rolls	LUNCH: Stuffed Bell Peppers Roasted Pork German Potato Salad, Seasoning Cabbage, Beets & Bavarian Bread	SOUP OF THE DAY Navy Bean & Ham	SUPPER: Beef Au Jus w/ Fried Green Tomatoes Grilled Tuna Melt w/ Potato Chips	DESSERT: Cheesecake