

Mountain Creek Retirement Living

CINCO DE MAYO

April 28th - May 4th

Recurring Activities

Mondays

- 9:30 Summit - FL
- 9:30 DVD Exercise - FC
- 2:00 Shuffleboard - 2nd Floor
- 5:30 Wii Practice - 2nd Floor
- 5:30 Texas Hold em –Summit/FL
- 6:00 - 42 Club - BR
- 6:30 -Table Games - QR3

Tuesdays

- 9:30 DVD Exercise - FC
- 1:00 Bridge Club - BR
- 2:00 Quarter Bingo - MPR
- 6:00 42 Club - BR
- 6:30 Table Games - QR3

Wednesday

- 9:30 Kroger & Summit - FL
- 9:30 DVD Exercise - FC
- 10:00 BP Checks -FL
- 1:30 Dry Cleaners drop off /pickup
- 2:00 Shuffleboard - 2nd Floor
- 2:00 Skip-Bo - QR3
- 2:00 Walmart- FL
- 5:30 Wii Practice - 2nd Floor
- 6:00 42 Club - BR
- 6:30 Table Games - QR3

Thursdays

- 9:30 DVD Exercise - FC
- 2:00 Prize Bingo - MPR
- 6:00 Wii Bowling Tour. - 2nd Floor
- 6:30 Table Games - QR3
- 6:00 42 club –BR

Fridays

- 9:30 DVD Exercise - FC
- 9:30 Summit - FL
- 2:00 Shuffleboard - 2nd Floor
- 6:00 42 Club - BR
- 6:30 Table Games - QR3



SUNDAY, April 28th

6:00 p.m. Worship Service in Theater

MONDAY, April 29th

9:30 Seniorcize - DR
10:00 a.m. FREE dental talk and
Treats and goodie bags

TUESDAY, April 30th

9:30 Communion & Rosary –CH
11:30 Birthday Party –DR
3:00 Andy Goin –FL

WEDNESDAY, May 1st

9:30 Seniorcize –DR
10:00 am Health Talk–
Gardening is exercising
10:00 Blood Pressure Checks – Coffee Bar
2:00 Bible Study w/ Jewel Cross - CH
5:00 pm Fannin Middle School
Here to Sing Before Dinner– Staircase

THURSDAY, May 2nd

2:00 Legion of Mary - CH

FRIDAY, May 3rd

9:30Seniorcize -
3:00pm CINCO DE MAYO PARTY –MPR



SATURDAY, May 4th

10:00 am Horseshoes - 1st meet up
2:00 p.m. BINGO with Jean Peel

This Week's Menu

HOURS DAILY: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 5:30 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD

THIS WEEK'S SPECIALS

SUNDAY, April 28

BREAKFAST: Sausage Oatmeal Pancakes	LUNCH: Pot Roast w/ Carrots & Potatoes BBQ Chicken Mashed Potatoes, Gravy, Green Beans & Roll	SOUP OF THE DAY Chef's Choice	SUPPER: Ham & Cheese Quiche w/ Cup of Fresh Fruit Grilled Cheese Sandwich w/ Fritos	DESSERT: Mango Cheesecake
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MONDAY, April 29

BREAKFAST: Bacon Cream of Wheat Blueberry Muffins	LUNCH: Orange Ginger Salmon Chicken w/ Spinach in Parmesan Sauce Steamed Rice, Steamed Broccoli, Carrot Coins & Bread	SOUP OF THE DAY Tomato Basil	SUPPER: Chicken Sandwich w/ Fixings & Fries Beef Pot Pie	DESSERT: Fruit Tarts
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TUESDAY, April 30

BREAKFAST: Sausage Grits Biscuits & Sausage Gravy	LUNCH: Parmesan Chicken Beef Round Steak w/ Gravy Mashed Potatoes, Green Beans, Roasted Cauliflower w/ Red Bell Peppers & Wheat Roll	SOUP OF THE DAY Chicken & Vegetable	SUPPER: Vegetable Lasagna w/ Garlic Brad BBQ Chicken Stuffed Baked Sweet Potatoes w/ Fixings	DESSERT: Bread Pudding w/Tiramisu Sauce
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WEDNESDAY, May 1

BREAKFAST: Bacon Oatmeal French Toast	LUNCH: Garlic Lemon Butter Shrimp Roasted Pork Baked Potato, Lima Beans Balsamic Honey Roasted Veggies & Garlic Bread	SOUP OF THE DAY Butternut Squash	SUPPER: Cheese Taco Pasta Casserole Egg Salad Sandwich w/ Cup of Strawberry Jell-O	DESSERT: Chocolate Pie
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THURSDAY, May 2

BREAKFAST: Sausage Grits Breakfast Burritos	LUNCH: Chopped Steak w/ Mushrooms & Brown Gravy Deep Fried Butterfly Shrimp Scalloped Potatoes, Yellow Squash, Fried Okra & Roll	SOUP OF THE DAY Chicken Gnocchi	SUPPER: Egg Salad Sandwich w/ Potato Chips Turkey, Avocado & Swiss on Croissant w/ Chips	DESSERT: Caramel Apple Cheesecake Bars
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FRIDAY, May 3

BREAKFAST: Bacon Cream of Wheat Breakfast Jacks	LUNCH: Fried or Baked Catfish Honey Garlic Glazed Pork Loin Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	SOUP OF THE DAY Creamy Roasted Cauliflower	SUPPER: Grilled Patty Melt Sandwich w/ Fried Green Beans Chicken Teriyaki w/ Vegetables	DESSERT: Vanilla Iced Cake
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SATURDAY, May 4

BREAKFAST: Sausage Oatmeal Cinnamon Rolls	LUNCH: Chicken Spaghetti Panko Crusted Tilapia Baked Sweet Potato, Sugar Snap Peas, Beets & Garlic Bread	SOUP OF THE DAY Cabbage, Sausage & Potato	SUPPER: Shrimp Basket w/ Cocktail Sauce & Coleslaw Hamburgers w/ Fixings & French Fries	DESSERT: Blueberry Cobbler
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