



This Week At Mountain Creek March 10 -16th



Recurring Activities

Mondays

9:30 Summit - FL
9:30 DVD Exercise - FC
2:00 Shuffleboard - 2nd Floor
5:30 Wii Practice - 2nd Floor
5:30 Texas Hold em –Summit/FL
6:00 - 42 Club - BR
6:30 -Table Games - QR3

Tuesdays

9:30 DVD Exercise - FC
1:00 Bridge Club - BR
2:00 Quarter Bingo - MPR
6:00 42 Club - BR
6:30 Table Games - QR3

Wednesday

9:30 Kroger & Summit - FL
9:30 DVD Exercise - FC
10:00 BP Checks -FL
1:30 Dry Cleaners drop off /pickup
2:00 Shuffleboard - 2nd Floor
2:00 Skip-Bo - QR3
2:00 Walmart- FL
5:30 Wii Practice - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR3

Thursdays

9:30 DVD Exercise - FC
2:00 Prize Bingo - MPR
6:00 Wii Bowling Tour. - 2nd Floor
6:30 Table Games - QR3
6:00 42 club –BR

Fridays

9:30 DVD Exercise - FC
9:30 Summit - FL
2:00 Shuffleboard - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR3

SUNDAY, March 10th

6:00 p.m. Worship Service in Theatre

MONDAY, March 11th

9-11am Audiologist here

9:30 Seniorcize - DR

TUESDAY, March 12th

9am Food Meeting – Private DR
10am Activity Meeting - Private DR

WEDNESDAY, March 13th

9:30 am Seniorcize - DR
10am Blood Pressure Checks – Coffee Bar
10am VENDOR Bryan Petty –FL
3pm St Patty's Social Hour –MPR
Paul Baskin
"green theme goodies"

THURSDAY, March 14th

10:30am LIFT –MPR
6pm –Arlington Symphony
Show starts @ 7:30pm

FRIDAY, March 15th

9am AARP in MPR
9:30 Seniorcize - DR
6:00 pm Movie Theatre open
Movie: RESIDENTS CHOICE

SATURDAY, MARCH 16th

2pm BINGO with Jean Peel



JC Reneau 3-10

BIRTHDAYS

Jimmie Newton 3-15

Joyce Phillips 3-16

This Week's Menu

HOURS DAILY: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 5:30 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS,
EGGS TO ORDER, HASHBROWNS & GRAVY

ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD
THIS WEEK'S SPECIALS

SUNDAY, March 10				
BREAKFAST: Sausage Oatmeal Pancakes	LUNCH: BBQ Ribs Roast Beef Mashed Potatoes, Gravy, Italian Green Beans, Coleslaw, Baked Beans & Roll	SOUP OF THE DAY Chef's Choice	SUPPER: Bacon Lettuce Tomato Wrap w/ Cup of Fresh Fruit Shrimp Fettuccine w/ Roasted Pepper Sauce & Cheese Bread Stick	DESSERT: Blueberry/ Peach Cobbler
MONDAY, March 11				
BREAKFAST: Bacon Cream of Wheat Blueberry Muffins	LUNCH: Beef Stew Lemmon Butter Tilapia Roasted New Potatoes, Vegetable Medley & Cornbread Muffins	SOUP OF THE DAY Italian Sausage Orzo	SUPPER: Oven Baked Meatball Sandwich w/ Fries Broccoli & Cheddar Cheese Chicken Casserole	DESSERT: Fudge Brownie
TUESDAY, March 12				
BREAKFAST: Sausage Grits Biscuits & Sausage Gravy	LUNCH: Salmon Croquettes Fried Chicken Scalloped Potatoes, Gravy, Green Peas, Buttered Baby Carrots & Roll	SOUP OF THE DAY Toscana	SUPPER: French Dip Sandwich w/ Fries Chicken Tacos w/ Fixings	DESSERT: Lemon Tartlets
WEDNESDAY, March 13				
BREAKFAST: Bacon Oatmeal French Toast	LUNCH: Chicken Marsala Shepherd's Pie Steamed Rice, Sautéed Zucchini w/ Mushrooms & French Bread	SOUP OF THE DAY Spaghetti & Meatball	SUPPER: Baked Beef Lasagna & Garlic Bread Breakfast Jacks w/ Tater Tots	DESSERT : Cinnamon Apple Crumb Cake
THURSDAY, March 14				
BREAKFAST: Sausage Grits Breakfast Burritos	LUNCH: Stuffed Flounder Beef Fajitas Spanish Rice, Charro Beans, Steamed Broccoli, Guacamole, Chips & Flour Tortilla	SOUP OF THE DAY Baked Potato	SUPPER: Bacon Stuffed French Toast w/ Cup of Fresh Fruit Assorted Wings Basket w/ Coleslaw & Fried Okra	DESSERT: Pineapple Lush Cake
FRIDAY, March 15				
BREAKFAST: Bacon Cream of Wheat Breakfast Jacks	LUNCH Fried or Baked Catfish Meatloaf Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	SOUP OF THE DAY Vegetable	SUPPER: Chicken Salad Sandwich on Croissant w/ Cup of Jell-O Beef Burrito w/ Black Bean Salad	DESSERT : Chocolate Cream Pie
SATURDAY, March 16				
BREAKFAST: Sausage Oatmeal Cinnamon Rolls	LUNCH: Bacon Wrapped Chicken Breast Spaghetti w/ Meat Sauce Baked Sweet Potato, Steamed Broccoli, Buttered Corn & Garlic Bread	SOUP OF THE DAY Creamy Sausage Tortellini	SUPPER: Chicken Noodle Casserole Grilled Turkey, Cheese & Tomato Sandwich w/ Chips	DESSERT: Root Beer Floats