



This Week at Mountain Creek

Recurring Activities

Mondays

9:30 Summit - FL
 9:30 DVD Exercise - FC
 2:00 Shuffleboard - 2nd Floor
 5:30 Wii Practice - 2nd Floor
 5:30 Texas Hold em –Summit/FL
 6:00 - 42 Club - BR
 6:30 -Table Games - QR3

Tuesdays

9:30 DVD Exercise - FC
 1:00 Bridge Club - BR
 2:00 Quarter Bingo - MPR
 6:00 42 Club - BR
 6:30 Table Games - QR3

Wednesday

9:30 Kroger & Summit - FL
 9:30 DVD Exercise - FC
 10:00 BP Checks -FL
 1:30 Dry Cleaners drop off /pickup
 2:00 Shuffleboard - 2nd Floor
 2:00 Skip-Bo - QR3
 2:00 Walmart- FL
 5:30 Wii Practice - 2nd Floor
 6:00 42 Club - BR
 6:30 Table Games - QR3

Thursdays

9:30 DVD Exercise - FC
 2:00 Prize Bingo - MPR
 6:00 Wii Bowling Tour. - 2nd Floor
 6:30 Table Games - QR3
 6:00 42 club –BR

Fridays

9:30 DVD Exercise - FC
 9:30 Summit - FL
 2:00 Shuffleboard - 2nd Floor
 6:00 42 Club - BR
 6:30 Table Games - QR3

SUNDAY, March 17th

Happy St. Patrick's day

6pm Worship Service in Theatre

MONDAY, March 18th

9am Dr. Salano

9:30 Seniorcize - DR

BP checks with Bridgeway

TUESDAY, March 19th

2pm –Quarter BINGO

4:30 OUTLAWS BBQ

WEDNESDAY, March 20th

BP checks with Bridgeway

9:30 am Seniorcize - DR

10am AVON-FL

10am Blood Pressure Checks – Coffee Bar

THURSDAY, March 21st

10:30 am Legion of Mary

2 pm Prize BINGO

3pm Andy Goin– FL

FRIDAY, March 22nd

10am BUNCO –MPR

9:30 Seniorcize - DR

SATURDAY, MARCH 23rd

2pm BINGO

BIRTHDAYS Anita Hall 3/23

This Week's Menu

HOURS DAILY: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 5:30 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS,
EGGS TO ORDER, HASHBROWNS & GRAVY

ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD

THIS WEEK'S SPECIALS

SUNDAY, March 17				
BREAKFAST: Sausage Oatmeal Pancakes	LUNCH: Cornbeef & Cabbage Irish Chicken Red Mashed Potatoes, Green Peas & French Bread	SOUP OF THE DAY Chef's Choice	SUPPER: Grilled Reuben Sandwich w/ Chips Taco Salad Casserole Lettuce & Tomatoes on Top	DESSERT: Apple Cobbler
MONDAY, March 18				
BREAKFAST: Bacon Cream of Wheat Pecan Cranberry Muffins	LUNCH: Ritz Baked Chicken Breast Beef Lasagna Roasted New Potatoes, Sautéed Spinach, Asparagus Garlic Bread	SOUP OF THE DAY Chicken Gnocchi	SUPPER: Grilled Ham & Cheese w/ Fritos Chili Frito Pie	DESSERT: Cheesecake
TUESDAY, March 19				
BREAKFAST: Sausage Grits Biscuits & Sausage Gravy	LUNCH: Smothered Pork Chops Salmon w/ Dill Sauce Wild Rice, Steamed Broccoli, Navy Beans & Cornbread Muffins	SOUP OF THE DAY Tomato Basil	SUPPER: Hamburgers w/ Fixings & Fries Mexican Chicken Casserole w/ Side of Chips	DESSERT: Pineapple Upside Down Cake
WEDNESDAY, March 20				
BREAKFAST: Bacon Oatmeal French Toast	LUNCH: Shrimp Scampi Sauerkraut & Bratwurst Baked Sweet Potato, Honey Bacon Brussel Sprouts, Yellow Squash Casserole & Roll	SOUP OF THE DAY Italian Wedding	SUPPER: Corn Dogs w/ Cup of Fresh Fruit Hash Brown Casserole	DESSERT: Banana Split
THURSDAY, March 21				
BREAKFAST: Sausage Grits Breakfast Burritos	LUNCH: Pork Loin w/ Fried Cinnamon Apples Pot Roast w/ Carrots & Potatoes, Mashed Potatoes Green Beans, & Roll	SOUP OF THE DAY Broccoli & Cheese	SUPPER: Sloppy Joes w/ Fried Green Beans Sweet & Sour Chicken w/ Fried Rice & Egg Roll	DESSERT: Chocolate Cake
FRIDAY, March 22				
BREAKFAST: Bacon Cream of Wheat Breakfast Jacks	LUNCH Fried or Baked Catfish Philly Steak Sandwich Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	SOUP OF THE DAY Lentil	SUPPER: Monte Cristo Sandwich w/ Raspberry Sauce & Tater Tots Beef Goulash & Bread Stick	DESSERT: Peach Crisp
SATURDAY, March 23				
BREAKFAST: Sausage Oatmeal Cinnamon Rolls	LUNCH: Parmesan Crust Tilapia Sliced Roast Beef, Sweet Baked Potato Casserole, Vegetable Medley & Bavarian Bread	SOUP OF THE DAY Beef & Potato	SUPPER: BLT Sandwich w/ Potato Chips Spaghetti w/ Meat Sauce & Garlic Bread	DESSERT: Chess Pie