

This Week at Mountain Creek

Recurring Activities

Mondays

9:30 Summit - FL
9:30 DVD Exercise - FC
2:00 Shuffleboard - 2nd Floor
5:30 Wii Practice - 2nd Floor
5:30 Texas Hold em –Summit/FL
6:00 - 42 Club - BR
6:30 -Table Games - QR3

Tuesdays

9:30 DVD Exercise - FC
1:00 Bridge Club - BR
2:00 Quarter Bingo - MPR
6:00 42 Club - BR
6:30 Table Games - QR3

Wednesday

9:30 Kroger & Summit - FL
9:30 DVD Exercise - FC
10:00 BP Checks -FL
1:30 Dry Cleaners drop off /pickup
2:00 Shuffleboard - 2nd Floor
2:00 Skip-Bo - QR3
2:00 Walmart- FL
2:00 Bible Study –CH
5:30 Wii Practice - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR3

Thursdays

9:30 DVD Exercise - FC
2:00 Prize Bingo - MPR
6:00 Wii Bowling Tour. - 2nd Floor
6:30 Table Games - QR3
6:00 42 club –BR

Fridays

9:30 DVD Exercise - FC
9:30 Summit - FL
2:00 Shuffleboard - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR3

SUNDAY, August 4

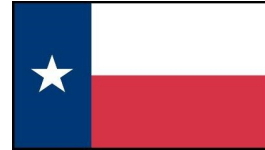
6:00 pm Worship Service in Theater

MONDAY, August 5th

9:30 am SENIORCISE
Pendant Checks –Front Desk

TUESDAY, August 6

9:30am Communion & Rosary
4:30 pm out to eat
TEXAS ROAD HOUSE



WEDNESDAY, August 7

10-2 Lillian & Stella Gifts –FL
2:00 pm Bible Study– Chapel



Thursday August 8

10:30 a.m. LIFT –MPR
4:30 pm Paul Anderson -
Dining Room Dinner Music

FRIDAY, August 9

9:30 am Seniorcize – DR
9:30 am BUNCO – MPR
2:00 pm TOWN HALL MEETING –MPR
6:00 pm Friday Night Movies– Theater

SATURDAY August 10

2:00 pm Quarter Bingo - MPR



Mountain Creeks Weekly Menu

HOURS DAILY: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 5:30 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

ALL YOU CAN EAT SOUP AND SALAD ALWAYS AVAILABLE DURING LUNCH & SUPPER

SUNDAY, August 4				
BREAKFAST: Sausage Oatmeal Pancakes	LUNCH: Chicken Fried Steak Stuffed Broccoli & Cheese Chicken Breast Mashed Potatoes, Gravy, Baby Carrots, Green Beans & Roll	SOUP OF THE DAY Chef's Choice	SUPPER: Corny Dog w/ Chips Pepperoni, Cheese or Supreme Pizza	DESSERT : Peach Cobbler
MONDAY, August 5				
BREAKFAST: Bacon Cream of Wheat Blueberry Muffins	LUNCH: Beef Stew Baked Lemon Pepper Chicken Rice Pilaf, Asparagus, Sautéed Spinach & Cornbread Muffins	SOUP OF THE DAY Vegetables	SUPPER: Grilled Reuben Sandwich w/ French Fries Hawaiian Chicken w/ Steamed Rice & Broccoli	DESSERT: Pineapple Upside Down Cake
TUESDAY, August 6				
BREAKFAST: Sausage Grits Biscuits & Sausage Gravy	LUNCH: Stuffed Flounder Smothered Pork Chops Twice Baked Potato Casserole, Green Bean Almandine, Beets & Roll	SOUP OF THE DAY Beef Taco	SUPPER: Chicken Salad Sandwich on Croissant w/ Fritos Shepard's Pie	DESSERT: Root Beer Floats
WEDNESDAY, August 7				
BREAKFAST: Bacon Oatmeal French Toast	LUNCH: Egg Plant Parmesan Chopped Steak w/ Gravy & Mushrooms Baked Sweet Potato, Yellow Squash Casserole & Garlic Bread	SOUP OF THE DAY Ravioli & Vegetables	SUPPER: Assorted Chicken Wing Basket w/ Fries & Coleslaw Soft Tacos w/ Fixings & Side of Black Bean Fiesta Salad	DESSERT: Chocolate Pie
THURSDAY, August 8				
BREAKFAST: Sausage Grits Breakfast Burritos	LUNCH: Crabcakes Fried Chicken Mashed Potatoes, Gravy, Creamy Corn, Green Peas & Roll	SOUP OF THE DAY Broccoli & Cheese	SUPPER: Chicken Quesadillas w/ Guacamole Sloppy Joes Sandwich w/ Onion Rings	DESSERT: Brownie Sundae
FRIDAY, August 9				
BREAKFAST: Bacon Cream of Wheat Breakfast Jacks	LUNCH: Fried or Baked Catfish Stuffed Bell Peppers Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	SOUP OF THE DAY Chili	SUPPER: Philly Cheese Steak Sandwich w/ Fried Green Beans Cheese Ravioli w/ Meat Sauce & Cheese Bread Stick	DESSERT: Chess Pie
SATURDAY, August 10				
BREAKFAST: Sausage Oatmeal Cinnamon Rolls	LUNCH: Garlic Butter Grilled Salmon Pork Loin Teriyaki Roasted New Potatoes, Lima Beans, Steamed Broccoli & Bavarian Bread	SOUP OF THE DAY French Onion	SUPPER: Hamburgers w/ Fixings & French Fries Beef Cabbage Rolls w/ Sweet Peas	DESSERT: Italian Cream Cake