

This week at Mountain Creek

Recurring Activities

Mondays

9:30 Summit - FL
9:30 DVD Exercise - FC
2:00 Shuffleboard - 2nd Floor
5:30 Wii Practice - 2nd Floor
5:30 Texas Hold em –Summit/FL
6:00 - 42 Club - BR
6:30 -Table Games - QR3

Tuesdays

9:30 DVD Exercise - FC
1:00 Bridge Club - BR
2:00 Quarter Bingo - MPR
6:00 42 Club - BR
6:30 Table Games - QR3

Wednesday

9:30 Kroger & Summit - FL
9:30 DVD Exercise - FC
10:00 BP Checks -FL
1:30 Dry Cleaners drop off /pickup
2:00 Shuffleboard - 2nd Floor
2:00 Skip-Bo - QR3
2:00 Walmart- FL
2:00 Bible Study –CH
5:30 Wii Practice - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR3

Thursdays

9:30 DVD Exercise - FC
2:00 Prize Bingo - MPR
6:00 Wii Bowling Tour. - 2nd Floor
6:30 Table Games - QR3
6:00 42 club –BR

Fridays

9:30 DVD Exercise - FC
9:30 Summit - FL
2:00 Shuffleboard - 2nd Floor
6:00 42 Club - BR
6:30 Table Games - QR3

SUNDAY, August 18th

6:00 pm Worship Service in Theater

MONDAY, August 19th

NO EXERCISE TODAY

9:00 A.M. DR SALANO HERE

Pendant Checks –Front Desk

TUESDAY, August 20th

9:30am Communion & Rosary

4:30 OUT TO EAT –BJ'S

BREWHOUSE

2:00 P.M. QUARTER BINGO



WEDNESDAY, August 21st

9:00 HEDY –vendor –FL

2:00 pm Bible Study– Chapel



Thursday August 22nd

2:00 P.M. PRIZE BINGO

FRIDAY, August 23rd

9:30 am Seniorcize – DR

9:30 BUNCO –mpr

3:00 p.m. BIG LUAU PARTY– mpr
6:00 pm Friday Night Movies– Theater



SATURDAY August 24th

2:00 pm Quarter Bingo - MPR
with Jean Peel



Mountain Creeks Weekly Menu

HOURS DAILY: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 5:30 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

ALL YOU CAN EAT SOUP AND SALAD ALWAYS AVAILABLE DURING LUNCH & SUPPER

SUNDAY, August 18				
BREAKFAST: Sausage Oatmeal Pancakes	LUNCH: Stuffed Flounder Pot Roast w/ Carrots & Potatoes Mashed Potatoes & Brown Gravy, Buttered Corn, Green Beans & Roll	SOUP OF THE DAY Chef's Choice	SUPPER: Patty Melt w/ Potato Chips Chicken, Rice & Chicken Casserole	DESSERT : Peach Cobbler
MONDAY, August 19				
BREAKFAST: Bacon Cream of Wheat Cranberry Pecan Muffins	LUNCH: Meatloaf Lemon Pepper Chicken Baked Sweet Potato, Brussel Sprouts, Roasted Garlic Parmesan Cauliflower & French Bread	SOUP OF THE DAY Chicken Noodle	SUPPER: Hot Dogs w/ Fixings & Fritos Shepherd's Pie	DESSERT: Chocolate Cake
TUESDAY, August 20				
BREAKFAST: Sausage Grits Biscuits & Sausage Gravy	LUNCH: Shrimp Primavera Beef Lasagna Baked Potato, Asparagus, Steamed Broccoli & Garlic Bread	SOUP OF THE DAY Minestrone	SUPPER: Chicken Tender Basket w/ Coleslaw & Fries Ham & Cheese Sandwich w/ Lettuce, Tomato & Chips	DESSERT: Peach & Pecan Bread Pudding
WEDNESDAY, August 21				
BREAKFAST: Bacon Oatmeal French Toast	LUNCH: Lemon Pepper Tilapia Salisbury Steak Steamed Rice, Okra & Tomatoes, Black Eyed Peas & Cornbread Muffins	SOUP OF THE DAY Vegetables	SUPPER: Beef Steak Finger Basket w/ Fries & Gravy Turkey & Avocado Sandwich on Croissant w/ Cup of Fresh Fruit	DESSERT: Key Lime Pie
THURSDAY, August 22				
BREAKFAST: Sausage Grits Breakfast Burritos	LUNCH: Salmon Croquets Chicken Fried Steak Garlic Mashed Potatoes, Gravy, Sautéed Spinach & Dinner Roll	SOUP OF THE DAY French Onion	SUPPER: Meatball Hero Sandwich w/ Onion Rings Jambalaya Pasta w/ Garlic Bread	DESSERT: Root Beef Floats
FRIDAY, August 23				
BREAKFAST: Bacon Cream of Wheat Breakfast Jacks	LUNCH Fried or Baked Catfish Creamy Garlic Chicken & Broccoli Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	SOUP OF THE DAY Corn Chowder	SUPPER: Chicken & Black Bean Casserole Shrimp Tacos w/ Coleslaw	DESSERT: Peach Pie w/ Vanilla Ice Cream
SATURDAY, August 24				
BREAKFAST: Sausage Oatmeal Cinnamon Rolls	LUNCH: Rosemary Pork Loin Salmon w/ Dill Sauce Roasted New Potatoes, Vegetable Medley, Beets & Roll	SOUP OF THE DAY Beef & Vegetables	SUPPER: Grilled Reuben Sandwich w/ Sweet Potato Fries Chicken Parmesan Sandwich w/ Fried Zucchini	DESSERT: German Chocolate Cake