

# This Week at Mountain Creek

## Recurring Activities

### **Mondays**

9:30 Summit - FL  
9:30 DVD Exercise - FC  
2:00 Shuffleboard - 2nd Floor  
5:30 Wii Practice - 2nd Floor  
5:30 Texas Hold em –Summit/FL  
6:00 - 42 Club - BR  
6:30 -Table Games - QR3

### **Tuesdays**

9:30 DVD Exercise - FC  
1:00 Bridge Club - BR  
2:00 Quarter Bingo - MPR  
6:00 42 Club - BR  
6:30 Table Games - QR3

### **Wednesday**

9:30 Kroger & Summit - FL  
9:30 DVD Exercise - FC  
10:00 BP Checks -FL  
1:30 Dry Cleaners drop off /pickup  
2:00 Shuffleboard - 2nd Floor  
2:00 Skip-Bo - QR3  
2:00 Walmart- FL  
2:00 Bible Study –CH  
5:30 Wii Practice - 2nd Floor  
6:00 42 Club - BR  
6:30 Table Games - QR3

### **Thursdays**

9:30 DVD Exercise - FC  
2:00 Prize Bingo - MPR  
6:00 Wii Bowling Tour. - 2nd Floor  
6:30 Table Games - QR3  
6:00 42 club –BR

### **Fridays**

9:30 DVD Exercise - FC  
9:30 Summit - FL  
2:00 Shuffleboard - 2nd Floor  
6:00 42 Club - BR  
6:30 Table Games - QR3

## SUNDAY, August 11th

6:00 pm **Worship Service in Theater**

## MONDAY, August 12th

**No Exercise**

9:00 a.m. Dr Koble –QR  
10:00 Cornerstone –Vendor  
9:30 a.m. **ACTIVITY MEETING** –pdr  
**Open to all interested.**  
**Pendant Checks –Front Desk**

## TUESDAY, August 13th

9:30am **Communion & Rosary**

11:30 UTA Volley ball women's team

Here during lunch to visit.

**2:00 P.M. QUARTER BINGO**

## WEDNESDAY, August 14th

12-4 AVON –FL

2:00 pm **Bible Study– Chapel**

## Thursday August 15th

3:00 P.M. **PRIZE BINGO**

## FRIDAY, August 16th

9:30 am **Seniorcize – DR**  
6:00 pm **Friday Night Movies– Theater**

## **SATURDAY August 17th**

2:00 pm **Quarter Bingo - MPR**

**with Jean Peel**

3:00 p.m. **PAUL BASKIN –FL**

# Mountain Creeks Weekly Menu

HOURS DAILY: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 5:30 P.M.

**ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY**

**ALL YOU CAN EAT SOUP AND SALAD ALWAYS AVAILABLE DURING LUNCH & SUPPER**

SUNDAY, August 11				
<b>BREAKFAST:</b> Sausage Oatmeal  Pancakes	<b>LUNCH:</b> Honey Glazed Ham Chicken Fried Chicken  Mashed Potatoes, Gravy, Green Bean Casserole, Baby Carrots & Roll	<b>SOUP OF THE DAY</b>  Chef's Choice	<b>SUPPER:</b> Egg Salad Sandwich w/ Potato Chips  Bratwurst w/ Sauerkraut & French Fries	<b>DESSERT :</b>  Coconut Pie
MONDAY, August 12				
<b>BREAKFAST:</b> Bacon Cream of Wheat  Orange Blossom Muffins	<b>LUNCH:</b> Fried Shrimp Butterfly Pork Loin w/ Fried Apples  Roasted New Potatoes, Macaroni & Cheese, Sugar Snap Peas & French Bread	<b>SOUP OF THE DAY</b>  Tomato Basil	<b>SUPPER:</b> Beef Pot Pie  Chicken Stir Fry w/ Vegetables & Egg Roll	<b>DESSERT:</b>  Strawberry Dump Cake
TUESDAY, August 13				
<b>BREAKFAST:</b> Sausage Grits  Biscuits & Sausage Gravy	<b>LUNCH:</b> Liver & Onions Herbed Baked Chicken  Scalloped Potatoes, Zucchini & Tomatoes, Hominy Casserole & Cornbread Muffins	<b>SOUP OF THE DAY</b>  Navy Bean & Ham	<b>SUPPER:</b> Monte Cristo Sandwich w/ Sweet Potato Fries  Turkey Tetrazzini Casserole & Garlic Bread Stick	<b>DESSERT:</b>  Banana Cream Pie
WEDNESDAY, August 14				
<b>BREAKFAST:</b> Bacon Oatmeal  French Toast	<b>LUNCH:</b> Spaghetti w/ Meat Sauce Chicken Cordon Bleu  Baked Sweet Potato, Steamed Broccoli, Buttered Corn & Garlic Bread	<b>SOUP OF THE DAY</b>  Split Pea	<b>SUPPER:</b> Shrimp Basket w/ Fries, Coleslaw & Cocktail Sauce  Stuffed Shells w/ Meat Sauce & Bread Stick	<b>DESSERT:</b>  Bread Pudding w/ Lemon Sauce
THURSDAY, August 15				
<b>BREAKFAST:</b> Sausage Grits  Breakfast Burritos	<b>LUNCH:</b> Chicken Enchiladas Beef Fajitas  Spanish Rice, Charro Beans, Sautéed Spinach, Guacamole, Tortilla & Chips	<b>SOUP OF THE DAY</b>  Chicken Tortilla	<b>SUPPER:</b> Cheese Ravioli w/ Alfredo Sauce & Garlic Bread  Grilled Chicken Sandwich w/ Fixings & Chips	<b>DESSERT:</b>  Ice Cream Mexican Nachos
FRIDAY, August 16				
<b>BREAKFAST:</b> Bacon Cream of Wheat  Breakfast Jacks	<b>LUNCH:</b> Fried or Baked Catfish Chicken Spaghetti  Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	<b>SOUP OF THE DAY</b>  Vegetable	<b>SUPPER:</b> Club Sandwich w/ Fritos  Nacho Supreme w/ Fixings	<b>DESSERT:</b>  Apple Crisp
SATURDAY, August 17				
<b>BREAKFAST:</b> Sausage Oatmeal  Cinnamon Rolls	<b>LUNCH:</b> Chicken Marsala Roast Beef  Mashed Potatoes, Brown Gravy, Asparagus, Vegetable Medley & Bavarian Bread	<b>SOUP OF THE DAY</b>  Beef & Potatoes	<b>SUPPER:</b> Beef Tamales w/ Cheese Sauce  Ham & Tomato Quiche w/ Cup of Fresh Fruit	<b>DESSERT:</b>  Custard