

# This Week at Mountain Creek

## Recurring Activities

### **Mondays**

- 9:30 Summit - FL
- 9:30 DVD Exercise - FC
- 2:00 Shuffleboard - 2nd Floor
- 5:30 Wii Practice - 2nd Floor
- 5:30 Texas Hold em –Summit/FL
- 6:00 - 42 Club - BR
- 6:30 -Table Games - QR3

### **Tuesdays**

- 9:30 DVD Exercise - FC
- 1:00 Bridge Club - BR
- 2:00 Quarter Bingo - MPR
- 6:00 42 Club - BR
- 6:30 Table Games - QR3

### **Wednesday**

- 9:30 Kroger & Summit - FL
- 9:30 DVD Exercise - FC
- 10:00 BP Checks -FL
- 1:30 Dry Cleaners drop off /pickup
- 2:00 Shuffleboard - 2nd Floor
- 2:00 Skip-Bo - QR3
- 2:00 Walmart- FL
- 2:00 Bible Study –CH
- 5:30 Wii Practice - 2nd Floor
- 6:00 42 Club - BR
- 6:30 Table Games - QR3

### **Thursdays**

- 9:30 DVD Exercise - FC
- 2:00 Prize Bingo - MPR
- 6:00 Wii Bowling Tour. - 2nd Floor
- 6:30 Table Games - QR3
- 6:00 42 club –BR

### **Fridays**

- 9:30 DVD Exercise - FC
- 9:30 Summit - FL
- 2:00 Shuffleboard - 2nd Floor
- 6:00 42 Club - BR
- 6:30 Table Games - QR3

## SUNDAY, JUNE 30th

**6:00 p.m. Worship Service in Theater**

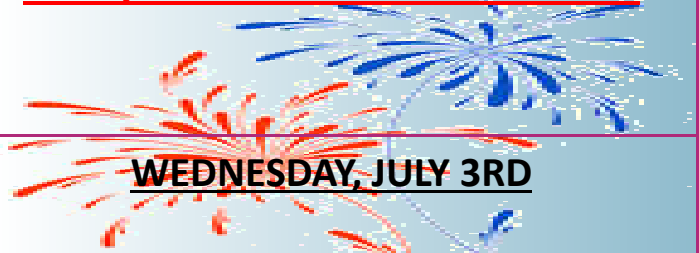
## MONDAY, JULY 1ST

**9:30 SENIORCISE**  
**10-2 Famous clothing –FL**  
**3:00 p.m. Silver Derby**  
**Horse races –MPR**

## TUESDAY, JULY 2ND

**9:30 Communion & Rosary**  
**9:00 a.m. Food Meeting**  
**9:30 Activity Meeting –PDR**

**2:00 p.m. PRIZE BINGO TODAY!**



## WEDNESDAY, JULY 3RD

**2:00 Bible Study w/ Conard & Cross**



## FRIDAY, JULY 5TH

**9:30 Seniorcize –DR**  
**2:00 p.m. Paul Anderson –FL**  
**6:00 Friday night movies– theater**

## SATURDAY, JULY 6TH

**2pm Quarter BINGO—MPR**

# Mountain Creek's Weekly Menu

HOURS DAILY: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 5:30 P.M.

**ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY**

**ALL YOU CAN EAT SOUP AND SALAD DURING LUNCH & SUPPER**

SUNDAY, June 30				
<b>BREAKFAST:</b> Sausage Oatmeal  Pancakes	<b>LUNCH:</b> BBQ Ribs Chicken Fried Chicken  Mashed Potatoes, Gravy, Green Beans, Buttered Carrots & Roll	<b>SOUP OF THE DAY</b>  Chef's Choice	<b>SUPPER:</b> Quiche w/ Cup of Fresh Fruit  Lasagna w/ Cheese Sticks	<b>DESSERT:</b>  Blueberry Cobbler
MONDAY, July 1				
<b>BREAKFAST:</b> Bacon Cream of Wheat  Oatmeal & Raisins Muffins	<b>LUNCH:</b> Spaghetti w/ Meat Sauce Ritz Baked Chicken Breast  Baked Sweet Potato, Green Peas, Asparagus & Garlic Bread	<b>SOUP OF THE DAY</b>  Minestrone	<b>SUPPER:</b> Cabbage Rolls w/ Steamed Rice  Grilled Monte Cristo Sandwich w/ Raspberry Sauce & Tater Tots	<b>DESSERT:</b>  Apple Crisp
TUESDAY, July 2				
<b>BREAKFAST:</b> Sausage Grits  Biscuits & Sausage Gravy	<b>LUNCH:</b> Fried Butterfly Shrimp Chopped Steak w/ Mushrooms & Brown Gravy  Roasted New Potatoes, Macaroni & Cheese, Sautéed Spinach & Bread	<b>SOUP OF THE DAY</b>  Navy Bean	<b>SUPPER:</b> BLT Sandwich w/ Potato Chips  Chicken, Rice & Bean Burrito w/ Fixings	<b>DESSERT:</b>  German Chocolate Pie
WEDNESDAY, July 3				
<b>BREAKFAST:</b> Bacon Oatmeal  French Toast	<b>LUNCH:</b> Chicken Fried Steak Baked Chicken  Garlic Mashed Potatoes, Gravy, Black Eyed Peas, Corn on the Cob & Cornbread	<b>SOUP OF THE DAY</b>  Chicken & Vegetables	<b>SUPPER:</b> Beef Fajita Tacos w/ Fixings & Guacamole  Shrimp Primavera Casserole	<b>DESSERT:</b>  Custard
THURSDAY, July 4				
<b>BREAKFAST:</b> Sausage Grits  Breakfast Burritos	<b>LUNCH:</b> Cheese Burgers BBQ Chicken  French Fries, Corn on the Cob, Baked Beans, Potato Salad & Cornbread	<b>SOUP OF THE DAY</b>  Chili	<b>SUPPER:</b> Hot Dogs w/ Fixings & Chips  Waffles w/ Toppings & Cup of Fresh Fruit	<b>DESSERT:</b>  Peach Cobbler
FRIDAY, July 5				
<b>BREAKFAST:</b> Bacon Cream of Wheat  Danishes	<b>LUNCH:</b> Fried or Baked Catfish Chicken Pot Pie  Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	<b>SOUP OF THE DAY</b>  Creamy Corn Chowder	<b>SUPPER:</b> Stuffed Shells w/ Meat Sauce  Chicken Tenders Basket w/ Fries & Coleslaw	<b>DESSERT:</b>  Fudge Brownies
SATURDAY, July 6				
<b>BREAKFAST:</b> Sausage Oatmeal  Cinnamon Rolls	<b>LUNCH:</b> Bratwurst w/ Sauerkraut Stuffed Chicken Breast  Roasted New Potatoes, Okra & Tomatoes, Buttered Corn & Cornbread Muffins	<b>SOUP OF THE DAY</b>  Baked Potato	<b>SUPPER:</b> Egg Salad Sandwich w/ Potato Chips  Sweet & Sour Chicken w/ Fried Rice & Egg Roll	<b>DESSERT:</b>  Banana Fosters