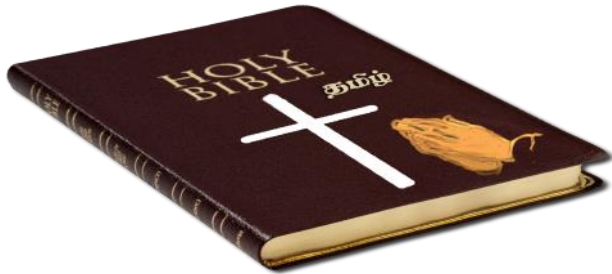


# This Week at Mountain Creek!

January 27- February 2, 2019

## Sunday, January 27

6:00 Sunday  
Devotional THE



## Monday, January 28

9:30 Seniorcize - DR  
930 Summit - FL  
10:00 Cornerstone - Vendor FL  
2:00 Shuffleboard - 2nd  
6:00 42 Club - BR  
6:30 Table games - QR3

## Tuesday, January 29

9:30 DVD Exercise - FC  
9:30 Communion & Rosary - CH  
11:30 Birthday Party DR  
1:00 Bridge Club - BR  
2:00 Quarter Bingo  
6:00 42 Club - BR  
6:30 Table Games - QR3

## Wednesday, January 30

9:30 Seniorcize - DR  
9:30 Kroger & Summit - FL  
1:00 Bible Study with Jewel Cross  
- QR3  
2:00 Shuffleboard - 2nd  
2:00 Skip-Bo - QR3  
2:00 Walmart - FL  
6:00 42 Club - BR  
6:30 Table games - QR3

## Thursday, January 31

9:30 DVD Exercise - FC  
2:00 Prize Bingo - MPR  
6:00 42 Club - BR  
6:00 Wii Bowling - 2ND  
6:30 Table Games - QR3

## Friday February 1

9:30 Seniorcize - DR  
9:30 Summit - FL  
2:00 Shuffleboard Practice  
3:00 Country Social Hour -  
with Danny Ray - MPR  
5:30 Movie Night -  
Fly Away Home  
6:00 42 Club - BR  
6:30 Table Games - QR3

## Saturday, February 2

2:00 Quarter Bingo - MPR  
6:30 Table  
Games -  
QR3

	Trip
	Community event
	Vendor
	Religious
	Fitness
	Health

Wendel Hulse 1/30

Ozella Guinn 1/31

Billie Brannon 2/02



# This Week's Menu

HOURS DAILY: 7:30 - 9:00 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 6:00 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS,  
EGGS TO ORDER, HASHBROWNS & GRAVY

ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD

## THIS WEEK'S SPECIALS

SUNDAY, January 27				
<b>BREAKFAST:</b> Sausage Oatmeal  Pancakes	<b>LUNCH:</b> Pot Roast w/ Carrots & Potatoes Chicken Cordon Bleu  Mashed Potatoes, Brown Gravy, Yellow Squash Casserole, Roasted Asparagus & Roll	<b>SOUP OF THE DAY</b>  Chef's Choice	<b>SUPPER:</b> Grilled Monte Cristo Sandwich w/ Cup of Fresh Fruit  BBQ Beef Sandwich w/ French Fries	<b>DESSERT:</b>  Apple Cobbler
MONDAY, January 28				
<b>BREAKFAST:</b> Bacon Cream of Wheat  Pecan Cranberry Muffins	<b>LUNCH:</b> Sweet & Sour Chicken Walnut Shrimp  Fried Rice, Sautéed Mushrooms, Steamed Broccoli Egg Roll	<b>SOUP OF THE DAY</b>  Egg Drop	<b>SUPPER:</b> Tuna Salad Sandwich w/ Potato Chips  Nacho Supreme w/ Fixings	<b>DESSERT:</b>  Coconut Pie
TUESDAY, January 29				
<b>BREAKFAST:</b> Sausage Grits  Biscuits & Sausage Gravy	<b>LUNCH:</b> Pork Ribs w/ BBQ Grilled Black Pepper Salmon  Roasted New Potatoes, Black Eyed Peas, Sautéed Spinach & Cornbread Muffins	<b>SOUP OF THE DAY</b>  Chicken Noodle	<b>SUPPER:</b> Assorted Wings Basket w/ Fries Bacon BBQ Chicken w/ Brown Rice, Steamed Mixed Vegetable	<b>DESSERT:</b>  Bread Pudding
WEDNESDAY, January 30				
<b>BREAKFAST:</b> Bacon Oatmeal  French Toast	<b>LUNCH:</b> Cornflake Crusted Baked Chicken Breast Pork Loin w/ Cinnamon Apples  Twice Baked Potato Casserole, Green Beans & Garlic Bread	<b>SOUP OF THE DAY</b>  Chicken Tortilla	<b>SUPPER:</b> Chicken Quesadillas w/ Salsa & Sour Cream  Cabbage Rolls w/ Steamed Rice & Peas	<b>DESSERT:</b>  Key Lime Pie
THURSDAY, January 31				
<b>BREAKFAST:</b> Sausage Grits Breakfast Burritos	<b>LUNCH:</b> Fried Chicken Lemon Butter Tilapia  Scalloped Potatoes, Gravy, Macaroni & Cheese, Seasoned Cabbage & Roll	<b>SOUP OF THE DAY</b>  French Onion	<b>SUPPER:</b> Pancakes w/ Strawberry Toppings & Bacon  Stuffed Shells w/ Marinara Sauce & Vegetable Medley	<b>DESSERT:</b>  Fudge Brownies
FRIDAY, February 1				
<b>BREAKFAST:</b> Bacon Cream of Wheat  Assorted Danishes	<b>LUNCH:</b> Fried or Baked Catfish Liver & Onions  Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	<b>SOUP OF THE DAY</b>  Tomato Basil	<b>SUPPER:</b> Cheese Ravioli in Alfredo Sauce w/ Peas  Grilled Reuben Sandwich w/ Fried Zucchini	<b>DESSERT:</b>  Banana Split
SATURDAY, February 2				
<b>BREAKFAST:</b> Sausage  Oatmeal Cinnamon Rolls	<b>LUNCH:</b> Beef Lasagna Chicken Marsala  Baked Sweet Potato, Beets, Creamy Spinach Casserole & Garlic Bread	<b>SOUP OF THE DAY</b>  Beef & Potato	<b>SUPPER:</b> Breakfast Jacks w/ Potato Chips  Chicken Strips Basket w/ Fries & Gravy	<b>DESSERT:</b>  Custard