

This Week at Mountain Creek!

January 6, - January 12, 2019

Sunday, January 6

6:00 Sunday
Devotional THE



Monday, January 7

9:30 Seniorcize - DR
9:30 Summit - FL
10:00 Famous Clothing - FL
2:00 Shuffleboard - 2nd
6:00 42 Club - BR
6:30 Table games - QR3

Tuesday, January 8

9:30 DVD Exercise - FC
9:30 Communion & Rosary - CH
1:30 Bridge Club - BR
2:00 Quarter Bingo
5:30 Dine - Out Cracker Barrel
6:00 42 Club - BR
6:30 Table Games - QR3



Wednesday, January 9

9:30 Seniorcize - DR
9:30 Kroger & Summit - FL
1:00 Bible Study
2:00 Shuffleboard - 2nd
2:00 Skip-Bo - QR3
2:00 Walmart - FL
3:00 Town hall Meeting - MPR
6:00 42 Club - BR
6:30 Table games - QR3

Thursday, January 10

9:30 DVD Exercise - FC
10:30 Lift - MPR
2:00 Prize Bingo - MPR
6:00 42 Club - BR
6:00 Wii Bowling - 2ND
6:30 Table Games - QR3

Friday, January 11

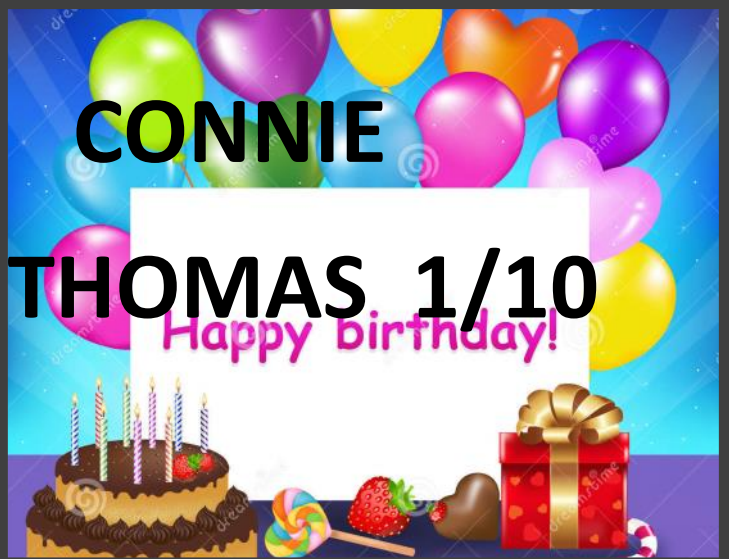
9:30 Seniorcize - DR
9:30 Summit - FL
10:00 Paparazzi - FL
2:00 Shuffleboard Practice
6:00 42 Club - BR
6:30 Table Games - QR3



Saturday, January 12

2:00 Quarter Bingo - MPR
5:30 Table Games - QR3

	Trip
	Community event
	Vendor
	Religious
	Fitness
	Health



Weekly Menu

HOURS DAILY: 8:00 - 9:30 A.M., 11:30 A.M. - 2:00 P.M., & 3:30 - 5:30 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS,
EGGS TO ORDER, HASHBROWNS & GRAVY

ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD

SUNDAY, January 6				
<u>BREAKFAST:</u> Bacon Oatmeal Pancakes	<u>LUNCH:</u> Pot Roast w/ Carrots & Potatoes Chicken Cordon Bleu w/ Hollandaise Sauce Mashed Potatoes, Gravy, Italian Green Beans, Buttered Corn & Roll	<u>SOUP OF THE DAY</u> Chef's Choice	<u>SUPPER:</u> Chicken Salad Sandwich w/ Cup of Fresh Fruit Steak Fingers Basket w/ Gravy & Fries	<u>DESSERT:</u> Cherry Cobbler
MONDAY, January 7				
<u>BREAKFAST:</u> Sausage Cream of Wheat Orange Blossom Muffins	<u>LUNCH:</u> Chicken Alfredo Shrimp Scampi Baked Sweet Potato, Steamed Broccoli, Sautéed Yellow Squash & Garlic Bread	<u>SOUP OF THE DAY</u> Toscana	<u>SUPPER:</u> Scramble Eggs, Sausage, Hash brown Casserole & Toast Grilled Ham & Cheese Sandwich w/ Chips	<u>DESSERT:</u> Strawberry Shortcake
TUESDAY, January 8				
<u>BREAKFAST:</u> Bacon Grits Biscuits & Sausage Gravy	<u>LUNCH:</u> Chicken Beef Stir Fry Fried Rice, Sautéed Mushrooms, Sautéed Zucchini & Egg Roll	<u>SOUP OF THE DAY</u> Creamy Corn Chowder	<u>SUPPER:</u> Breakfast Jacks w/ Tater Tots Swedish Meatballs w/ Egg Noodles	<u>DESSERT:</u> Fudge Brownies
WEDNESDAY, January 9				
<u>BREAKFAST:</u> Sausage Oatmeal French Toast	<u>LUNCH:</u> Fried Chicken Livers Smothered Pork Chops Garlic Mashed Potatoes, Green Beans, Buttered Corn & Roll	<u>SOUP OF THE DAY</u> Tomato Basil	<u>SUPPER:</u> Parmesan Chicken Sandwich w/ French Fries Stuffed Baked Potato w/ Fixings	<u>DESSERT:</u> Lemon Meringue Pie
THURSDAY, January 10				
<u>BREAKFAST:</u> Bacon Grits Breakfast Burritos	<u>LUNCH:</u> Swiss Steak Herbed Baked Chicken Roasted New Potatoes, Roasted Vegetable Medley, Navy Beans & Cornbread Muffins	<u>SOUP OF THE DAY</u> Chicken Noodle	<u>SUPPER:</u> Grilled Monte Cristo Sandwich w/ Chips Pancakes w/ Toppings	<u>DESSERT:</u> Apple Cobbler
FRIDAY, January 11				
<u>BREAKFAST:</u> Sausage Cream of Wheat Breakfast Jacks	<u>LUNCH:</u> Fried or Baked Catfish Philly Cheese Steak Sandwich Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	<u>SOUP OF THE DAY</u> Baked Potato	<u>SUPPER:</u> Beef Soft Tacos w/ Fixings Pizza Supreme, Pepperoni & Cheese	<u>DESSERT:</u> Cheese Cake Bars
SATURDAY, January 12				
<u>BREAKFAST:</u> Bacon Oatmeal Cinnamon Rolls	<u>LUNCH:</u> Chicken Spaghetti Lemon Butter Tilapia Scalloped Potatoes, Sugar Snap Peas, Roasted Cauliflower & Garlic Bread	<u>SOUP OF THE DAY</u> Barley & Vegetables	<u>SUPPER:</u> Sloppy Joe Sandwich w/ Fritos Chicken Tender Basket w/ Gravy & Fries	<u>DESSERT:</u> Chocolate Cream Pie