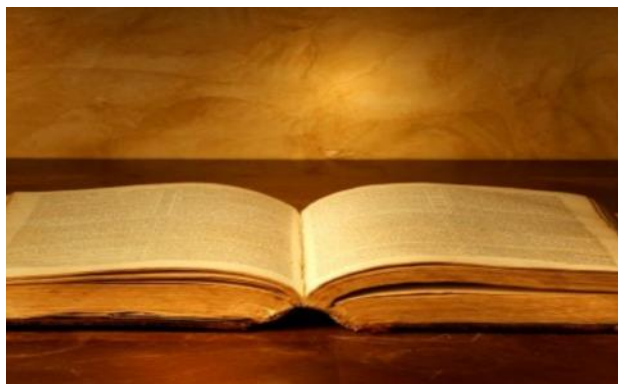


This Week At Mountain Creek!

November 18th - November 24th

Sunday - November 18

6:00 - Sunday Devotional THE



Monday - November 19

9:00 Dr Solono - QR3
 9:30 Summit - FL
 9:30 Seniorcise - DR
 10:00 Cornerstone - FL
 2:00 Shuffleboard - 2nd
 6:00 42 Club - BR
 6:30 Table Games - QR3

Tuesday - November 20

9:30 DVD Exercise - FC
 9:30 Communion & Rosary - CH
 10:00 Home Health Talk
 Neuropathy - THE
 11:00 Metoduc Violin & Piano MPR
 1:30 Bridge Club - BR
 2:00 Quarter Bingo - MPR
 6:00 42 Club - BR
 6:30 Table Games - QR

Wednesday - November 21

9:30 Seniorcize - DR
 9:30 Kroger & Summit - FL
 10:00 Avon FL
 1:00 Bible Study w/ Mary Ellen - QR3
 2:00 Shuffleboard - 2nd
 2:00 Skip-Bo - QR3
 2:00 Walmart - FL
 6:00 42 Club - BR
 6:30 Tables Games - QR3

Thursday - November 22

9:30 DVD Exercise - FC
 6:00 42 Club - BR
 6:00 Wii Bowling - 2ND
 6:30 Table Games - QR3
HAPPY THANKSGIVING

Friday - November 23

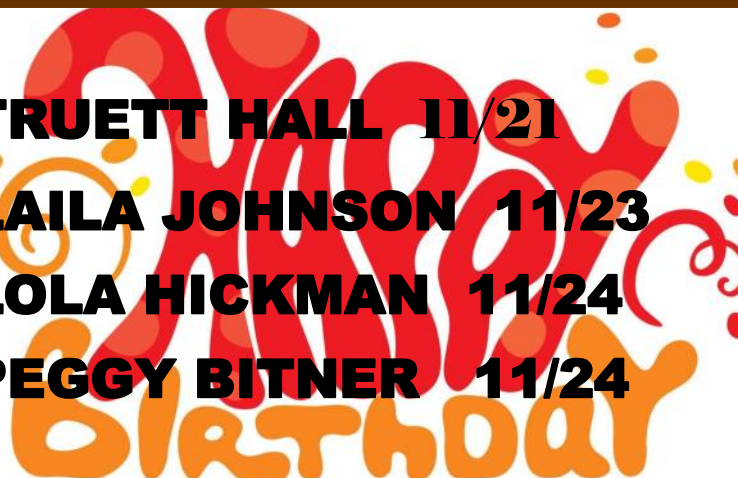
9:30 Seniorcize - DR
 9:30 Summit - FL
 10:00 Bunco - MPR
 2:00 Shuffleboard Practice
 5:30 Movie Night Little Match-
 makers THE
 6:00 42 Club - BR
 6:30 Table Games - QR3

Saturday - November 24

2:00 Quarter
 Bingo - MPR
 5:30 Table
 Games - QR3

	Trip
	Community Event
	Vendor
	Religious
	Fitness
	Health

TRUETT HALL 11/21
LAILA JOHNSON 11/23
LOLA HICKMAN 11/24
PEGGY BITNER 11/24



This Week's Menu

HOURS DAILY: 7:30 - 9:00 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 6:00 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD
THIS WEEK'S SPECIALS

SUNDAY, November 18				
BREAKFAST: Bacon Oatmeal Pancakes	LUNCH: Roast Beef Herbed Baked Chicken Mashed Potatoes, Brown Gravy, Roasted Brussel Sprouts, Buttered Carrots & Roll	SOUP OF THE DAY Chef's Choice	SUPPER: Trio Plate Salad (Egg, Tuna & Chicken) w/ Beets Beef Au Jus Sandwich w/ Fries	DESSERT: Caramel Baked Pears
MONDAY, November 19				
BREAKFAST: Sausage Cream of Wheat Orange Blossom Muffins	LUNCH: Corn Flake Baked Chicken Shepherd's Pie Baked Sweet Potato, Sautéed Spinach, Yellow Squash & Bread	SOUP OF THE DAY Vegetables & Barley	SUPPER: Dorito Chicken Casserole w/ Broccoli Cucumber, Avocado & Turkey Sandwich w/ Chips	DESSERT: Blueberry Cheesecake
TUESDAY, November 20				
BREAKFAST: Bacon Grits Biscuits & Sausage Gravy	LUNCH: Pork Loin w/ Cinnamon Fried Apples Chicken Fried Chicken Twice Potato Casserole, Sugar Snap Peas, Beets & Bread	SOUP OF THE DAY Cream of Mushrooms	SUPPER: Beef Lo Mein w/ Fried Rice & Vegetables Tuna Melt w/ Fritos	DESSERT: Chocolate Cake
WEDNESDAY, November 21				
BREAKFAST: Sausage Oatmeal French Toast	LUNCH: Shrimp Scampi w/ Garlic Bread Chicken or Beef Fajitas Spanish Rice, Charro Beans, Broccoli, Salsa & Tortilla	SOUP OF THE DAY Chicken Tortilla	SUPPER: Blueberry Pancakes w/ Toppings Beef Pot Pie w/ Biscuit	DESSERT: Peanut Butter Cake
THURSDAY, November 22				
BREAKFAST: *Open at 8 a.m. Continental Breakfast	LUNCH: Turkey & Dressing Ham Mashed Potatoes, Gravy, Green Bean Casserole, Yams, Cranberry Sauce & Roll *Dining Room Closes at 2 p.m.*	SOUP OF THE DAY 	SUPPER: Happy Thanksgiving! Closed for Dinner Pick Up Your TO GO Box Dinner During Lunch or Request at Front Desk at Lunch Time	DESSERT: Pumpkin Pie
FRIDAY, November 23				
BREAKFAST: Sausage Cream of Wheat Breakfast Jacks	LUNCH Fried or Baked Catfish BBQ Bacon Wrap Chicken Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	SOUP OF THE DAY Gnocchi	SUPPER: Breakfast for Dinner Scramble Eggs, Bacon, Toast & Hash Browns Grilled Cheese w/ Cup of Fresh Fruit	DESSERT: Gingerbread
SATURDAY, November 24				
BREAKFAST: Bacon Oatmeal Cinnamon Rolls	LUNCH: Sweet & Sour Meatballs Chicken Marsala Steamed Rice, Creamy Spinach Casserole, Buttered Carrots & Roll	SOUP OF THE DAY Beef & Vegetable	SUPPER: Stuffed Baked Potato w/ Fixings Philly Cheese Steak Sandwich w/ Onion Rings	DESSERT: Cookies