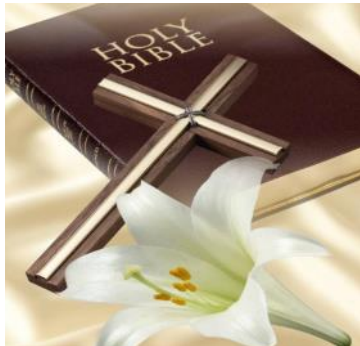


# This Week At Mountain Creek!

November 4th - November 10th

## Sunday - November 4

6:00 Sunday  
Devotional  
THE



## Monday - November 5

9:30 Summit - FL  
9:30 Seniorcise - DR  
10:00 Paparazzi Jewelry - FL  
2:00 Shuffleboard - 2nd  
6:00 42 Club - BR  
6:30 Table Games - QR

## Tuesday - November 6

9:30 DVD Exercise - FC  
9:30 Communion & Rosary - CH  
1:30 Bridge Club - BR  
2:00 Quarter Bingo - MPR  
4:30 Dine - Out Beto's Mexican  
6:00 42 Club - BR  
6:30 Table Games - QR

## Wednesday November 7

9:30 Seniorcize - DR  
9:30 Kroger & Summit - FL  
1:00 Bible Study w/ Mary Ellen - QR3  
2:00 Shuffleboard - 2nd  
2:00 Skip-Bo - QR3  
2:00 Walmart - FL  
3:00 Bean Massey - Pre Planning  
6:00 42 Club - BR  
6:30 Table Games - QR3

## Thursday - November 8

9:30 DVD Exercise - FC  
10:30 Lift MPR  
2:00 Prize Bingo - MPR  
6:00 42 Club - BR  
6:00 Wii Bowling - 2ND  
6:30 Table Games - QR3

## Friday - November 9

9:30 Seniorcize - DR  
9:30 Summit - FL  
10:00 Bunko MPR  
12:00 - 1:00 p.m. Paul Baskin DR  
2:00 Shuffleboard Practice  
5:30 Movie Night - A Place To Grow  
6:00 42 Club - BR  
6:30 Table Games - QR3

## Saturday November 10

2:00 Quarter  
Bingo - MPR  
5:30 Table  
Games - QR3

	Trip
	Community Event
	Vendor
	Religious
	Fitness
	Health

Happy  
Birthday

Lula Raven 11/5

Floyd Ingram 11/8

# This Week's Menu

HOURS DAILY: 7:30 - 9:00 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 6:00 P.M.

**ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY**

**ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD**

## THIS WEEK'S SPECIALS

SUNDAY, November 4				
<b>BREAKFAST:</b> Bacon Oatmeal  Pancakes	<b>LUNCH:</b> Cornish Hen w/ Cornbread Stuffing Roast Beef  Mashed Potatoes, Brown Gravy, Roasted Brussel Sprouts, Carrots & Roll	<b>SOUP OF THE DAY</b>  Chef's Choice	<b>SUPPER:</b> Ham & Tomato Quiche w/ Cup of Fresh Fruit  Cheese & Spinach Ravioli w/ Alfredo Sauce	<b>DESSERT:</b>   Coconut Pie
MONDAY, November 5				
<b>BREAKFAST:</b> Sausage Cream of Wheat  Orange Blossom Muffins	<b>LUNCH:</b> Beef Lasagna Fried Shrimp  Roasted New Potatoes, Steamed Broccoli, & Buttered Corn & Garlic Bread	<b>SOUP OF THE DAY</b>  Minestrone	<b>SUPPER:</b>  Taco Salad w/ Fixings  Chicken Ala King Over Steamed Rice	<b>DESSERT:</b>   Lemon Cake
TUESDAY, November 6				
<b>BREAKFAST:</b> Bacon Grits  Biscuits & Sausage Gravy	<b>LUNCH:</b> Swiss Steak Chicken Spaghetti  Baked Sweet Potato, Sautéed Spinach, Steamed Baby Carrots & French Bread	<b>SOUP OF THE DAY</b>  Beef Taco	<b>SUPPER:</b>  Chicken Pot Pie  Hamburgers w/ Fixings & French Fries	<b>DESSERT:</b>   Chess Pie
WEDNESDAY, November 7				
<b>BREAKFAST:</b> Sausage Oatmeal  French Toast	<b>LUNCH:</b> Stuffed Bell Peppers Chicken Fried Chicken & Gravy  Scalloped Potatoes, Navy Beans, Sugar Snap Peas & Cornbread	<b>SOUP OF THE DAY</b>  French Onion	<b>SUPPER:</b> Beef Goulash Casserole & Bread Sticks  Sausage & Potato Casserole w/ Over Easy Egg on Top	<b>DESSERT:</b>   Applesauce Cake
THURSDAY, November 8				
<b>BREAKFAST:</b> Bacon Grits  Breakfast Burritos	<b>LUNCH:</b> Honey Dijon Mustard Chicken Rosemary Pork Loin  Baked Potato, Vegetable Medley, Black Eyed Peas & Bread	<b>SOUP OF THE DAY</b>  Vegetable	<b>SUPPER:</b> Pancakes w/ Toppings  Baked Ziti Casserole w/ Italian Green Beans & Bread Sticks	<b>DESSERT:</b>   Custard
FRIDAY, November 9				
<b>BREAKFAST:</b> Sausage Cream of Wheat  Breakfast Jacks	<b>LUNCH:</b> Fried or Baked Catfish Meatloaf  Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	<b>SOUP OF THE DAY</b>  Baked Potato	<b>SUPPER:</b> Grilled Turkey Melt Sandwich w/ Fries  Beef & Vegetables Teriyaki Over Steamed Rice	<b>DESSERT:</b>   Cherry Cobbler
SATURDAY, November 10				
<b>BREAKFAST:</b> Bacon Oatmeal  Cinnamon Rolls	<b>LUNCH:</b> Chopped Steak w/ Brown Gravy & Mushrooms Lemon Butter Tilapia  Baked Sweet Potato Casserole, Asparagus & Bread	<b>SOUP OF THE DAY</b>  Beef & Vegetables	<b>SUPPER:</b> Grilled Patty Melt Sandwich w/ Fried Green Beans  Cabbage Rolls & Garlic Bread	<b>DESSERT:</b>   Lemon Meringue Pie