

# This Week At Mountain Creek!

October 21th - October 27th

## Sunday - October 21

6:00 Sunday  
Devotional  
THE



## Monday - October 22

11:00 - 3:00 Mickey Massage Therapy  
QR3  
9:30 Summit - FL  
9:30 Seniorcise - DR  
2:00 Shuffleboard - 2nd  
6:00 42 Club - BR  
6:30 Table Games - QR

## Tuesday - October 23

9:30 DVD Exercise - FC  
9:30 Communion & Rosary - CH  
1:30 Bridge Club - BR  
2:00 Quarter Bingo - MPR  
4:30 Dine - Out Beto's Mexican  
6:00 42 Club - BR  
6:30 Table Games - QR

## Wednesday - October 24

9:30 Seniorcize - DR  
9:30 Kroger & Summit - FL  
10:00 Hedy - Vendor FL  
10:00 Sandy's Creation - Vendor  
FL  
1:00 Bible Study w/ Mary Ellen - QR3  
2:00 Shuffleboard - 2nd  
2:00 Skip-Bo - QR3  
2:00 Walmart - FL  
6:00 42 Club - BR  
6:30 Table Games - QR3

## Thursday - October 25

9:30 DVD Exercise - FC  
10:00 Premier Jewelry - Vendor  
FL  
2:00 Prize Bingo - MPR  
6:00 42 Club - BR  
6:00 Wii Bowling - 2ND  
6:30 Table Games - QR3

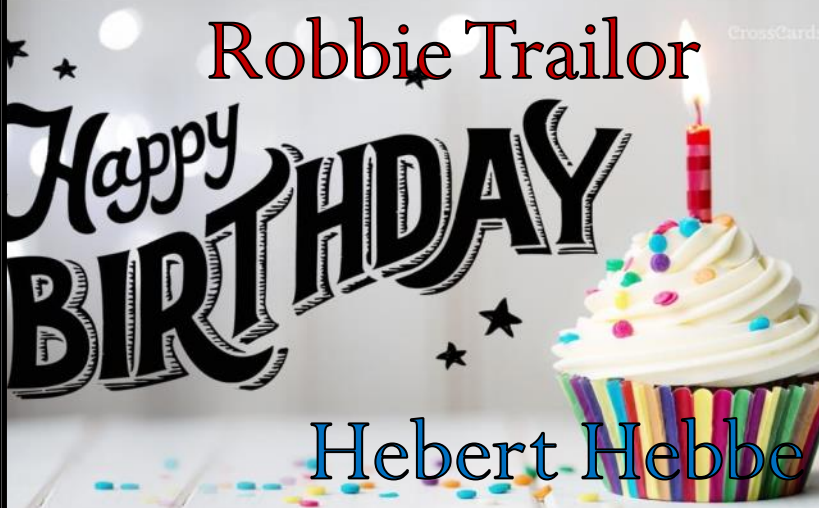
## Friday - October 26

9:30 Seniorcize - DR  
9:30 Summit - FL  
2:00 Shuffleboard Practice  
3:00 Andy Goin - Entertainer FL  
5:30 Movie Night - Radio  
6:00 42 Club - BR  
6:30 Table Games - QR3

## Saturday - October 27

2:00 Quarter  
Bingo - MPR  
6:30 Table  
Games - QR3

	Trip
	Community Event
	Vendor
	Religious
	Fitness
	Health



# This Week's Menu

HOURS DAILY: 7:30 - 9:00 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 6:00 P.M.

**ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY**

**ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD**

## THIS WEEK'S SPECIALS

SUNDAY, October 21				
<b><u>BREAKFAST:</u></b> Bacon Oatmeal  Pancakes	<b><u>LUNCH:</u></b> Turkey & Dressing Honey Glazed Ham  Mashed Potatoes & Gravy, Green Bean Casserole, Yams, Cranberry Sauce & Roll	<b><u>SOUP OF THE DAY</u></b>  Chef's Choice	<b><u>SUPPER:</u></b> BLT Sandwich w/Cup of Fresh Fruit  Scrambled Eggs, Hash Browns, Sausage & Toast	<b><u>DESSERT:</u></b>  Cherry Cobbler
MONDAY, October 22				
<b><u>BREAKFAST:</u></b> Sausage Cream of Wheat  Orange Blossom Muffins	<b><u>LUNCH:</u></b> Lemon Butter Tilapia Smothered Pork Chops  Roasted New Potatoes, Asparagus, Beets & Bread	<b><u>SOUP OF THE DAY</u></b>  Gnocchi	<b><u>SUPPER:</u></b> Tuna Salad Sandwich w/ French Fries  Mexican Chicken Casserole w/ side of Tortilla Chips	<b><u>DESSERT:</u></b>  Mango Cheesecake
TUESDAY, October 23				
<b><u>BREAKFAST:</u></b> Bacon Grits  Biscuits & Sausage Gravy	<b><u>LUNCH:</u></b> Beef Fajitas w/ Flour Tortilla & Fixings Stuffed Chicken Breast  Brown Rice, Yellow Squash Casserole, Baby Carrots & Bread	<b><u>SOUP OF THE DAY</u></b>  Chicken Noodle	<b><u>SUPPER:</u></b> BBQ Beef Sandwich w/ Onion Ring  Spaghetti w/ Meat Sauce & Garlic Bread	<b><u>DESSERT:</u></b>  Bread Pudding Tiramisu
WEDNESDAY, October 24				
<b><u>BREAKFAST:</u></b> Sausage Oatmeal  French Toast	<b><u>LUNCH:</u></b> Crab Cakes Rosemary Pork Loin  Scalloped Potatoes, Broccoli & Cauliflower Casserole, Peas & Bavarian Bread	<b><u>SOUP OF THE DAY</u></b>  French Onion	<b><u>SUPPER:</u></b> Soft Beef Tacos w/ Fixings Spanish Rice  Monte Cristo Sandwich w/ Fritos & Raspberry Sauce	<b><u>DESSERT:</u></b>  Banana Fosters w/ Vanilla Ice Cream
THURSDAY, October 25				
<b><u>BREAKFAST:</u></b> Bacon Grits  Breakfast Burritos	<b><u>LUNCH:</u></b> Beef Brisket BBQ Baked Chicken  Potato Salad, Coleslaw, Baked Beans & Roll	<b><u>SOUP OF THE DAY</u></b>  Minestrone	<b><u>SUPPER:</u></b> Pancakes w/ Toppings  Beef Teriyaki w/ Vegetables & Fried Rice	<b><u>DESSERT:</u></b>  Lemon Meringue Pie
FRIDAY, October 26				
<b><u>BREAKFAST:</u></b> Sausage Cream of Wheat  Breakfast Jacks	<b><u>LUNCH:</u></b> Fried or Baked Catfish Nacho Supreme  Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	<b><u>SOUP OF THE DAY</u></b>  Lentil	<b><u>SUPPER:</u></b> Chili Dog or Hot Dog w/ Potato Chips  Chicken Tetrazzini Casserole w/ Bread Sticks	<b><u>DESSERT:</u></b>  Assorted Desserts
SATURDAY, October 27				
<b><u>BREAKFAST:</u></b> Bacon Oatmeal  Cinnamon Rolls	<b><u>LUNCH:</u></b> Chicken Spaghetti Chopped Steak w/ Brown Gravy & Mushrooms  Baked Sweet Potato, buttered Corn & Bread	<b><u>SOUP OF THE DAY</u></b>  Broccoli & Cheese	<b><u>SUPPER:</u></b> Beef Au Jus Sandwich w/ Fries  Grilled Turkey Melt Sandwich w/ Cup of Fresh Fruit	<b><u>DESSERT:</u></b>  Old Fashioned Chess Pie