

This Week At Mountain Creek!

October 14th - October 20th

Sunday - October 14

6:00 Sunday
Devotional THE



Monday - October 15

9:30 Summit - FL
9:30 Seniorcise - DR
10:00 Corner Stone - Vendor FL
10:00 Dr Solano - QR3
2:00 Shuffleboard - 2nd
6:00 42 Club - BR
6:30 Table Games - QR

Tuesday - October 16

9:30 DVD Exercise - FC
9:30 Communion & Rosary - CH
10:00 Home Health Talk - Breast Cancer THE
1:30 Bridge Club - BR
2:00 Quarter Bingo - MPR
3:00 Sing For Joy - MPR
6:00 42 Club - BR
6:30 Table Games - QR

Wednesday - October 17

9:30 Seniorcize - DR
9:30 Kroger & Summit - FL
1:00 Bible Study w/ Mary Ellen - QR3
2:00 Shuffleboard - 2nd
2:00 Skip-Bo - QR3
2:00 Walmart - FL
3:00 Estrella Dental Seminar MPR
6:00 42 Club - BR
6:30 Table Games - QR3

Thursday - October 18

9:30 DVD Exercise - FC
2:00 Prize Bingo - MPR
6:00 42 Club - BR
6:00 Wii Bowling - 2ND
6:30 Table Games - QR3

Friday - October 19

9:30 Seniorcize - DR
9:30 Summit - FL
2:00 Shuffleboard Practice
6:00 42 Club - BR
6:30 Table Games - QR3

Saturday - October 20

2:00 Quarter
Bingo - MPR
3:00 Paul
Baskin - En-
tertainer MPR
6:30 Table
Games - QR3

	Trip
	Community Event
	Vendor
	Religious
	Fitness
	Health

Lorraine Hill
10/16

Janice Crymes
10/18

Betty Phillips
10/16

Bette Beegles
10/19

Maudene Cross
10/17

Vincent Rosseleli
10/20



This Week's Menu

HOURS DAILY: 7:30 - 9:00 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 6:00 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD

THIS WEEK'S SPECIALS

SUNDAY, October 14				
BREAKFAST: Bacon Oatmeal Pancakes	LUNCH: Roast Beef w/ Brown Gravy Chicken Fried Chicken Mashed Potatoes, Roasted Vegetable Medley, Bacon Roasted Brussel Sprouts & Bread	SOUP OF THE DAY Chef's Choice	SUPPER: Supreme, Peperoni or Cheese Pizza Grilled Reuben Sandwich w/ Cup of Fresh Fruit	DESSERT: Coconut Pie
MONDAY, October 15				
BREAKFAST: Sausage Cream of Wheat Carrots, Raisings & Nuts Muffins	LUNCH: Chicken Marsala Hawaiian Pork Lo Mein Noodles, Steamed Broccoli, Sautéed Mushrooms & Egg Roll	SOUP OF THE DAY Egg Drop	SUPPER: Shrimp Basket w/ Coleslaw & Fries Beef Crispy Tacos w/ Fixings	DESSERT: Gingerbread
TUESDAY, October 16				
BREAKFAST: Bacon Grits Biscuits & Sausage Gravy	LUNCH: BBQ Pork Ribs Herb Baked Chicken Potato Salad, Corn on the Cob, Baked Beans & Dinner Roll	SOUP OF THE DAY Cream of Mushrooms	SUPPER: Egg Plant Casserole w/ Garlic Bread Breakfast Jacks w/ Tater Tots	DESSERT: Strawberry Cheese Cake
WEDNESDAY, October 17				
BREAKFAST: Sausage Oatmeal French Toast	LUNCH: Sweet & Sour Chicken Pepper Steak Fried Rice, Sautéed Zucchini, Sugar Snap Peas & Roll	SOUP OF THE DAY Chicken Wild Rice	SUPPER: Assorted Wings w/ Fries & Coleslaw Beef Tamales w/ Cheese Sauce & Charro Beans	DESSERT: Peanut Butter Cake
THURSDAY, October 18				
BREAKFAST: Bacon Grits Breakfast Burritos	LUNCH: Fried Chicken Livers Beef Brisket Mashed Potatoes, Gravy, Sweet Fried Corn, & French Bread	SOUP OF THE DAY Beef & Potatoes	SUPPER: Turkey, Bacon & Avocado Sandwich on Croissant w/ Chips Waffles w/ Toppings	DESSERT: Strawberry Dump Cake
FRIDAY, October 19				
BREAKFAST: Sausage Cream of Wheat Danishes	LUNCH Fried or Baked Catfish Beef Stroganoff over Noodles Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	SOUP OF THE DAY Barley & Vegetables	SUPPER: Egg Salad Sandwich w/ Onion Rings Chicken Tacos w/ Fixings & side of Black Beans	DESSERT: Banana Split
SATURDAY, October 20				
BREAKFAST: Bacon Oatmeal Cinnamon Rolls	LUNCH: Oven Pork Roast Honey Dijon Mustard Chicken Baked Sweet Potato, Macaroni & Cheese, Steamed Vegetable Medley & Bread	SOUP OF THE DAY Cowboy	SUPPER: Sheppard's Pie Club Sandwich w/ Sweet Potato Fries	DESSERT: Blueberry Pie